

**LATONYA M. SUMMERS, PHD NCC MAC LPCS LCAS**

lsummer@ju.edu

**EDUCATION**

- The University of North Carolina at Charlotte, Charlotte, NC **2018**  
**Ph.D., Counselor Education & Supervision**  
Department of Counselor Education and Supervision, CACREP Accredited  
Dissertation: *Examining predictive factors of self-efficacy among supervisors who conduct cross-racial supervision: Social influence, racial identity attitudes, and gender self-concept*
- Appalachian State University, Boone, NC **1996**  
**M.A., Agency Counseling with emphasis in Addictions**  
Department of Counseling and Human Development, CACREP Accredited
- Appalachian State University, Boone, NC **1994**  
**B.S., Psychology with emphasis in Child Development**  
Department of Psychology

**CERTIFICATIONS AND LICENSURES**

Licensed Clinical Addictions Specials (NC) #20433  
Licensed Professional Counselor (NC) #4355  
Licensed Professional Counselor Supervisor (NC) #4355S  
National Certified Counselor (NCC) #45333  
Master's Addictions Counselor (MAC) #45333

**CURRENT ACADEMIC POSITIONS**

**Assistant Professor.** Jacksonville University, Clinical Mental Health Counseling, Jacksonville, Florida. August, 2018 to present.

- JU courses taught: Legal, Ethical, and Professional Standards in Counseling; Clinical Practicum; Internship; Social and Cultural Foundations in Counseling; Group Theories and Practices; Addictive Behaviors Counseling; Community-Based Counseling.

**PAST ACADEMIC POSITIONS**

**Adjunct Faculty.** Northwestern University, Family Institute Counseling@Northwestern, Chicago, IL. April 2018 to 2019.

- NU courses taught. Supervised Internship I, II, and III; Cultural Diversity.

**Adjunct Faculty.** Queens University, Health and Human Services, Charlotte, NC. August 2017 to December 2018.

- QU courses taught: Generalist Case Management

**Adjunct Faculty.** Montreat College, Department of Counseling, Charlotte, NC; Asheville, NC; Morganton, NC. August 2014 to May 2016.

MC courses taught: Introduction to Substance Abuse Counseling

### **SUPERVISION POSITIONS**

**Clinical Supervisor.** University of North Carolina at Charlotte, Charlotte, NC. January 2017 to May 2018.

**Clinical Supervisor.** LifeSkills Counseling & Consulting Group, Charlotte, NC. April 2007 to August 2017.

**Clinical Supervisor.** A Caring Alternative, Morganton, NC. December 2013 to August 2014.

### **CLINICAL POSITIONS**

**Executive Director,** LifeSkills Counseling & Consulting Group, Charlotte, NC. April 2007 to August 2017.

**Counselor,** Novant Health Behavioral Health, Charlotte, NC December 1998 to April 2007.

**Counselor,** Alcohol & Drug Abuse Services, Hickory, NC July 1997 to October 1998.

**Counselor,** Step One Drug Abuse Services, Winston-Salem, NC. August 1996 to July 1997.

### **HONORS/AWARDS**

- **Inductee.** Phi Kappa Phi, Honor Society. 2020
- **Nominee. Jacksonville Image Awards.** Trailblazer Award. 2020
- **SACES Courtland Lee Social Justice Award.** 2019
- **Outstanding Practitioner Supervisor Award.** Chi Sigma Iota International. 2018.
- **Outstanding Practitioner Supervisor Award.** Chi Sigma Iota, Mu Tau Beta. 2018
- **Outstanding Contribution to Social Justice and Advocacy Award.** Chi Sigma Iota. 2017
- **National Board for Certified Counselors Minority Fellowship Award (NBCC).** 2016.
- **Nancy Howell Scholarship.** Licensed Professional Counselors Association of North Carolina (LPCANC). 2015.

### **PUBLICATIONS**

#### **Refereed Publications (in order published)**

King, K., & Summers, L. (2020). Predictors of broaching: Multicultural competence, racial colorblindness, and intrapersonal communication. *Counselor Education & Supervision*, 59, 216-230.

Hatcher, S., King, D., Evans, S., & Summers, L. (2017). An assessment of sexual health risk behavior among female youth in juvenile detention. *Journal of Child & Youth Services*. DOI: 10.1080/0145935X.2017.1412824

**Summers, L., & Gutierrez, D. (2018).** Assessing and treating financial anxiety: The counselor as a resource, rather than referrer. *Journal of Individual Psychology*.

### **Book Chapter Publications (in order published)**

**Summers, L., Abrams, L., & Harris, H. (2021).** Barriers and access to mental health care for African Americans. *African American Mental Health*.

**Summers, L. (2019).** Not the Brady Bunch: School-based strategies to facilitate Post-Traumatic Growth among urban families. *The Urban Educators Trauma Toolkit: Transformative School-based Strategies for Students Exposed to Violence*.

### **PRESENTATIONS**

#### **International Presentations** (in order presented)

**Summers, L. (2017).** *Cross-cultural supervision: The impact of power, race, and gender*. Presentation at the European Branch of the American Counseling Association Annual Conference, Budapest, HU.

#### **National Presentations** (in order presented)

**Summers, L., Davis, T., & Kosovac, B. (2020, September).** *Hair we grow again! Upward mobility, career compromise, and natural hair bias in the workplace*. Presentation at the 5<sup>th</sup> Annual Black Mental Health Symposium, virtual.

**Summers, L. (2020, July).** *Hair we grow again! Upward mobility, career compromise, and natural hair bias in the workplace*. Presentation at the annual National Career Development Association Conference, virtual.

**Summers, L. (2017).** *Playing the race card: When minorities choose White supervisors*. Presentation at the annual Association for Counselor Education and Supervision conference, Chicago, IL.

**Summers, L. (2017, May)** *Professional development needs of Black counselors: Long-term impact of the 2016 Black Mental Health Symposium*. Presentation at the NBCC Bridging the Gap Symposium, Atlanta, GA.

**Summers, L. (2017, March).** *Not the Brady Bunch: Conceptualizing Black family therapy via the Lyons*. Presentation at the ACA Annual Conference, San Francisco, CA.

Hollis, T. & **Summers, L. (2016).** *Beyond the books: The intersection between trauma and education*. Presentation at the International Conference on Urban Education, San Juan, PR

**State Presentations** (in order presented)

**Summers, L.** (2020, June). *Hair we grow again! Upward mobility, career compromise, and natural hair bias in the workplace.* Presentation at the annual Florida Career Development Association Conference, virtual.

**Summers, L.** (February, 2019). *Sink, Swim, or Walk on Water: Moving along the Continuum of Cultural Competence in Cross-Racial Relationships.* Invited workshop presented to the North Carolina Counselors Association Pre-Conference, Durham, NC.

**Summers, L.** (January, 2019). *Not the Brady Bunch: Counseling Ethnic Minority Families.* Presentation at the 11<sup>th</sup> Annual UCF Counseling Conference, Orlando, FL.

**Summers, L.** (October, 2018). *Broaching difficult subjects in Cross-Cultural Supervision.* Presentation at the LPCANC Annual Conference, Raleigh, NC.

**Summers, L.** (October, 2017). *Not the Brady Bunch: Conceptualizing Black Family Therapy via the Lyons.* Presentation at the LPCANC Annual Conference, Winston-Salem, NC.

**Summers, L.** (May, 2016). *A journey to recovery from Complex Trauma: How clinicians can come alongside.* Presentation at the NCNA Psych Retreat, Greensboro, NC.

**Summers, L.** (October, 2015). *Cross-racial supervision: Impact of power, race, and gender.* Presentation at the LPCANC Annual Conference, Durham, NC.

**Local Presentations** (in order presented)

**Summers, L.** (January, 2018). *Identifying, assessing, and treating personality disorders.* Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (February, 2018). *Outside of four walls: Developing competency for social Justice and Advocacy.* Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (March, 2018). *Using CBT to treat financial anxiety.* Presentation at National Association of Social Workers, Charlotte, NC.

**Summers, L.** (April, 2018). *Best practices in clinical supervision: 10 hour renewal.* Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (April, 2018). *Cross-cultural supervision: Impact of Power, Race, and Gender.* Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (May, 2018). *Not the Brady Bunch: Conducting family therapy with ethnic minority families.* Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (October, 2017). *Cross-racial supervision: Impact of power, race, and gender.* Presentation at the Multicultural Issues in Counseling Conference, Charlotte, NC.

**Summers, L.** (March, 2017). *Cross-racial supervision: Impact of power, race, and gender.* Presentation at National Association of Social Workers, Charlotte, NC.

**Summers, L.** (April, 2016). *Diagnosis and treatment of Acute Stress Disorder and Post Traumatic Stress Disorder.* Presentation at Charlotte AHEC, Charlotte, NC.

**Summers, L.** (September, 2016). *Using CBT to treat financial anxiety.* Presentation at Charlotte AHEC, Charlotte, NC.

### **Webinars**

**Summers, L., Niles, E.** (2020, October). *Providing Ethical Practice during a Pandemic.* Webinar for Florida Counseling Association Convention.

**Summers, L.** (2020, August). *How Racism Affects Mental Health.* Webinar for NAMI Pomona Valley, California.

**Summers, L.** (2020, July). *Racism & Mental Health.* NAMI Charlotte, NC.

**Summers, L.** (2020, July). *Identifying, Assessing, and Treating Racial Battle Fatigue.* Webinar for Florida Counseling Association.

**Summers, L.** (2020). *Broaching race and culture in counseling and supervision.* Invited webinar for Florida Association for Multicultural Counseling and Development.

**Summers, L.** (2019). *Supervision Dynamics with Counselors of Color.* Invited webinar for The National Board for Certified Counselors.

**Summers, L.** (2018). *LPCs in the Making.* Invited webinar presentation for LPCANC.

### **Student Research**

Davis, J. (2020) Evaluating the perspectives and experiences of undergraduate and graduate-level minority students in the field of speech-language pathology. Master's of Science thesis. Speech-Language Pathology, Jacksonville University.

### **Events Planned, Managed, and Organized**

**Florida Counseling Association Convention.** Virtual. October 2020

**Black Mental Health Symposium.** Virtual. September 2020

**Black Mental Health Symposium.** Charlotte, NC 2016 – 2019

### **Invited Keynote Presentations**

**Summers, L.** (2020). *Ethics and 2020: Yielding to the Year of Imperfection*. Presentation at the 2020 Florida Counseling Association Convention.

### **PROFESSIONAL SERVICE**

#### **Editorial Positions**

- **Editorial Board Member.** *Journal of Equity in Behavioral Health Therapy*. 2019-present.

#### **Association Service**

- **President.** Florida Association for Multicultural Counseling & Development. 2019-present
- **Co-Faculty Chair Advisor.** Chi Sigma Iota. Eta Upsilon. 2018-present
- **Membership Chair.** Northeast Florida Mental Health Counseling Association (NEFMCHA). 2018-2019
- **Association Secretary.** Licensed Professional Counselors Association of North Carolina (LPCANC). 2016-2018
- **Student Co-Chair of Research Committee.** Association for Multicultural Counseling and Development (AMCD). 2017-2018.

#### **Conference, Grant, Essay, and Award Reviews**

- **Conference Proposal Reviewer.** Florida Counseling Association (FCA) Annual Conference. 2020.
- **Conference Proposal Reviewer.** Southern Association for Counselor Education and Supervision (SACES) Annual Conference. 2018.
- **Conference Proposal Reviewer.** Black Mental Health Symposium (BMHS). 2016-present.

### **SELECTED UNIVERSITY SERVICE**

- Search committee for faculty member (Psychology Department). 2020
- Chair of Search committee for faculty member (CMHC Department). 2020
- Academic Diversity and Inclusion Council. Curriculum, CO-Chair. 2020-present
- Search committee for faculty member (Library). 2020
- Search committee for faculty member (OTD Department). 2019
- Campus Climate Survey Response Task Force. 2019-2020
- Strategic Planning Committee. 2019-2020
- Faculty Affairs Committee. 2019-present
- Faculty-in-Residence. 2019-present

- Organizer. Sister 2 Sister Monthly mentoring group for women students of color. 2019-present
- Doctorate of Nurse Practitioner Proposal Review Committee. 2018 to present.
- Student Grievance Committee. 2018 to present.

### SELECTED COMMUNITY SERVICE

- **Board Member.** Family Support Services of North Florida (FSSNF). 2020-present.
- **Research Committee Member.** Mental Health Research and Practice Division, UNC-Charlotte. 2020-present.
- **Committee Member.** Dr. Willie C. Fleming Scholarship Committee, Appalachian State University. 2020-present.
- **Advisory Board Member.** Community Research Advisory Board, Center for Health Equity and Community Engagement Research, Mayo Clinic Florida. 2020-present.
- **Consultant to the Trinity Rescue Mission.** 2019-2021
- **Organizer.** Sister 2 Sister, monthly mentoring group for women students of color. 2019-present.
- **Board Member.** Secretary. Brave Step. 2017 - 2019.
- **Board Member.** Firm Foundations Youth & Family Outreach, Inc. 2015 - 2016

### FUNDED GRANTS

- Primary Investigator. *Hair We Grow Again! Upward Mobility, Career Compromise, and Natural Hair Bias in the Workplace* (2019). Second Century Grant. National Career Development Association. **\$9,862.**

### Grants submitted

- Primary Investigator. The JU CMHC Virtual Community Clinic (2020). Southeast Grocers Gives. **\$27,496.** Pending.
- Co-Primary Investigator. Indelicato, N.A. & Summers, L.M. (2020). Developing therapeutic PLA-ACE (Play for ACEs): Supporting Duval Head Start Quality Improvement Efforts. Contract for services submitted to Lutheran Services Florida for \$75,318. Pending.
- Primary Investigator. *The JU CMHC Equity Fellowship* (2020). Scholarships for Disadvantaged Students. Health Resources & Services Administration (HRSA). **\$2,342,232.** Not Funded.
- Co-Primary Investigator. Assessing Wellness among Aviation Students: Sensation-seeking, Drug Use, Fatigue, and Quality of Life. (2019) American Counseling Association Foundation Grant. **\$440.** Not funded.
- Co-Primary Investigator. Summers, L., George, W., & Indelicato, N.A. (2020-2025). Clinical Mental Health Counseling Equity Fellowship Program. US Health Resources and Services Administration. Not funded at \$2,342,232.

## **PROFESSIONAL SOCIETIES**

### **National**

- Phi Kappa Phi, Honor Society
- American Counseling Association
- National Board of Certified Counselors
- Association for Counselor Education and Supervision
- Association for Multicultural Counseling and Development

### **State**

- Florida Counseling Association
- Florida Association for Multicultural Counseling & Development
- Northeast Florida Mental Health Counseling Association
- North Carolina Counseling Association
- Licensed Professional Counselors Association of North Carolina