

Kelley Holladay, PhD

LMHC (FL), LPCC (NM), NCC, CCC, QS

Assistant Professor, Jacksonville University, Jacksonville, FL

| Kholladay@ju.edu |

EDUCATION

2016 **PhD, Counselor Education and Supervision (CACREP Accredited)**

University of Central Florida, Orlando, FL

Department of Child, Family, & Community Sciences

Dissertation Topic: An Investigation of the Influence of Cyber-Sexual Assault on the Experience of Emotional Dysregulation, Depression, Post-Traumatic Stress Disorder, and Trauma Guilt.

2012 **M.A., Master of Science in Counseling and Psychology (CACREP Accredited)**

Troy University, Tampa

2008 **B.A., Political Science**

University of Central Florida, Orlando, FL

2007 **La Sorbonne, Paris, France**

Intensive Language Program

Course of Study: French

LICENSURE AND CERTIFICATION

2014 – **Licensed Mental Health Counselor** (LMHC – Florida), MH12648

Present

2019 – **Licensed Professional Counselor** (LPCC – New Mexico), CCMH0205151

Present

2012 – **National Certified Counselor** (NCC), #300126

Present

2020 – **Certified Career Counselor** (CCC), #CCC20-6204 184235

Present

2021 – **Qualified Supervisor** (QS) | Qualified Supervisor MHC | MH12648

Present

***Master Addiction Counselor (MAC) in process.** Exam scheduled 03.2021 | anticipated licensure 04.2021.

RESEARCH INTERESTS

Research Interest & Focus

- ◆ Trauma | Sexual Violence | Cyber sexual assault
- ◆ Substance use and Alcohol use
- ◆ Career and Rehabilitation counseling

PROFESSIONAL EXPERIENCE – ACADEMIA and CLINICAL
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2021 – Assistant Professor, Clinical Mental Health Counseling

Present Jacksonville University, Brooks Rehabilitation College of Healthcare Sciences

Tenure-track faculty of counselor education. Responsibilities include teaching counseling master's courses (3/3/1) load; oversee the Palm Coast Clinical Mental Health Counseling (CMHC) program under the direction of the Program Director; maintain an active research portfolio in the area of clinical mental health counseling; assist with clinical supervision and clinical site affiliations; mentor master's students; provide service in the area of clinical mental health counseling and Florida counseling associations.

2018 – Assistant Professor, Counselor Education

Present University of New Mexico, Dept. of Individual, Family, and Community Education

Tenure-track faculty of counselor education. Responsibilities include teaching counseling master's and doctoral level courses (2/2) load: a) undergraduate and graduate career counseling, b) consultation research, c) group counseling, d) internship, and e) substance use. I worked with the program to align mental health counseling syllabi and experiences to CACREP accreditation standards in preparation for the 8-year accreditation renewal; advising masters and doctoral students; I serve on doctoral committees, and continue to maintain active research agenda and scholarly publications. I am currently pursuing both internal and external funding; and I continue to participate in professional, university, college, departmental, and programmatic related service. I currently serve the program as the COEHS admission's coordinator, and doctoral recruitment.

2020 – Holladay Counseling

Present Private Practice offering telehealth only services.

Licensed clinician focused on: 1) trauma, 2) sexual violence, 3) substance use, and (4) career work. I offer supervision services, and have met the qualified supervisor standards (3-hour CE) in New Mexico and (12-hour CE) in Florida. I offer a variety of assessments, including career assessments, substance use/alcohol use assessments, and mood disorder assessments. I practice teletherapy in both Florida and New Mexico.

2020 – Consultation

Present Career and immigration services

PROFESSIONAL EXPERIENCE continued

Licensed clinician working with individuals pursuing a career related work visa. In conjunction with ProfVal, I offer consultation services for individuals that are internationally relocating to the United States. I offer Expert Opinion Letters (EOL), which serves to determine how a person's position, credentials, and qualifications meet USCIS visa requirements. This expert-written interpretation of the information becomes part of the candidates' visa petition.

2017 – **Faculty Specialist II – Professional Specialist**

2018 Western Michigan University, Dept. of Counselor Education and Counseling Psychology

Tenure-track faculty of counselor education. Responsibilities included teaching master's level courses (4/4 teaching load): a) career counseling, b) consultation, c) group counseling, d) human lifespan and development, e) psychopathology classification and treatment, f) techniques, g) testing and measurement, and h) theories of counseling and psychotherapy; assisting with student needs of all tracks (Marriage and Family Therapy, Mental Health Counseling, and School Counseling); supervising masters and doctoral level students; advising masters students; and maintaining an active research agenda, service, and commitment to diversity within the department.

2014 – **Graduate Assistant of Program Director of Counselor Education**

2016 UCF College of Education & Human Performance, Orlando, FL

Responsibilities included assisting with student needs of all tracks (Marriage and Family Therapy, Mental Health Counseling, and School Counseling); facilitating the comprehensive exam for these graduate students; proctoring the HEPS Doctoral students comprehensive exam; assisting the faculty in creating and analyzing the Institutional Effectiveness (IE) report for CACREP; placing book orders for the department; creating practicum matrix (schedule) for UCF community counseling clinic and enrolling students in the practicum course; facilitating bi-monthly information sessions and annual graduate fair; attending and presenting data at faculty retreat.

2013 – **Practicum Coordinator**

2014 UCF Community Counseling and Research Clinic, Orlando, FL

Responsibilities included managing all volunteer work in the clinic, including recruitment, scheduling, and training; conducting phone intakes with future clients and further matching client to counselor; assisting with client issues; assisting with supervision of students; training students in Titanium and Milestone (clinic technology); counseling a small case load; supervise practicum students if issues arose; and both train students and implement a clinic baker-act (e.g., three day hold) if necessary.

2012 – **Substance Use Counselor**

2013 The Center for Rational Living, Clearwater, FL

As the lead substance use counselor for a University of South Florida grant funded program, I served minoritized and marginalized populations in drug court affected by substance use. Responsibilities included providing counseling for an underserved, all-female opiate substance use through group format; conducting individual counseling sessions with clients; attending weekly court sessions on each client's behalf; performing psychosocial interviews with incoming clients; completing treatment plan updates and providing a diagnosis with a warranted course of treatment.

2011 – **Social Services Specialist II**

2013 Morton Plant Hospital (MPH), Clearwater, FL

Responsibilities included facilitating substance use counseling through group format, and individual counseling sessions with clients at MPH, while traveling throughout the Tampa Bay area providing these services to the various hospital locations; performing family sessions; providing individual services to adolescents; providing services on the Pediatric and Geriatric Units; psychosocial interviews with incoming clients; completing treatment plan updates and providing a diagnosis with a warranted course of treatment while adhering to HIPAA guidelines.

2010 – **Office Manager**

2011 The Center for Human Potential, St. Petersburg, FL

Responsibilities included ensuring the daily maintenance of the function and flow of the office; acting as the liaison between the bariatric surgery doctors and psychologist; assisting with the bariatric psychological evaluation on a weekly basis in the hospital; scheduling patients for psychological evaluations; typing bariatric surgery clearance reports, and maintaining the office while the owner was away.

2010 – **Eating Disorder & Substance Use Mental Health Technician**

2008 Fairwinds Treatment Center, Clearwater, FL

As the lead technician on the weekend for the bailor shift, responsibilities included: assisting the clients during their course of treatment while licensed therapists were away; monitoring six meals a day, eating with the clients and monitoring client nutritional intake; assisting with psychoeducation groups; running morning check-in groups; auditing client charts for the doctors; driving and monitoring clients on outings from facility; and assisting dietitian with calculating meal plans.

SCHOLARLY PRODUCTIVITY

REFEREED PUBLICATIONS IN PRINT, IN PRESS, & UNDER REVIEW

Journal Articles in Press

Flasch, P., Bloom, Z., and **Holladay, K.** (2015, April). Self-Efficacy of Counselor Trainees in Pre-Practicum: A Phenomenological Study. *Journal of Counselor Practice*. Akron, OH. DOI: [10.22229/sft309871](https://doi.org/10.22229/sft309871)

Holladay, K. R., & Hagedorn, W. (2019). The Use of Technology in Sexual Exploration Among a Rape Culture Youth. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*, 1 (2). <https://doi.org/10.34296/01021008>

Holladay, K. R., Hagedorn, W., & Boote, D. (2021). The Influence of Cyber-Sexual Assault on the Mental Health Outcomes of Survivors. *Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*, 2 (2), 93-103. <https://doi.org/10.34296/02021026>

Journal Articles in Review and Revision

Holladay, K., Boote, D., and Hagedorn, W. (accepted). Psychological outcomes of cyber-sexual assault survivor. *Journal of Behavioral and Social Sciences*.

Howells, R. & **Holladay, K.** (In revision). Trauma-informed transdisciplinary collaboration: A conceptual framework for counselors and health professionals. *Journal of the International Trauma Training Institute*.

Holladay, K., Howells, R., and Apodaca, M. (In revision). Fostering engagement through career work to reduce substance use: A systematic review. *The Career Development Quarterly (CDQ)*.

Holladay, K., Hagedorn, W., Boote, D., and Lardier, D. (In review). Depression and post-traumatic stress disorder, and dimensions of emotional dysregulation among cyber-sexual assault survivors. *Journal of the International Trauma Training Institute*.

Lardier Jr., D.T., Coakley, K.E., **Holladay, K.R.,** Amorim, F.T., Zuhl, M.N. (In review). Can exercise interventions reduce alcohol consumption and cravings in individuals with alcohol use disorder or dependence? A systematic review and meta-analysis. *Journal of Sport and Health Science*.

Ching-Chen, C., Sanders, C., **Holladay, K.,** and Cortes, R. (In review). Changing the stigma of career counseling. A quantitative paper. *The Career Development Quarterly (CDQ)*.

Holladay, K., Sanders, C., Ching-Chen, C., and Cortes, R. (In review). Bridging the Gap of Career Counselor's Development through Diverse Teaching Strategies. *Journal of Career Development*.

Coakley, K.E., Lardier Jr., D.T., **Holladay, K.R.,** Amorim, F.T., Zuhl, M.N. (In review). Impact of the COVID-19 Pandemic on Undergraduate Students' Mental Health and Alcohol Consumption. *Addictive Behaviors*.

Holladay, K.R., Lardier Jr., D.T., Amorim, F.T., Zuhl, M.N, Coakley, K.E., (In review). Practicing COVID-19 public health measures is associated with anxiety and depression in undergraduate University students. *Journal of American College Health*.

Journal Articles in Progress

Lardier Jr., D.T., Coakley, K.E., **Holladay, K.R.,** Amorim, F.T., Zuhl, M.N. (TBD). How was alcohol use and exercise impacted by COVID-19? *Journal of Substance Abuse Treatment*.

Holladay, K., & Howells, R., Kuhlemeier, A., VanHorn, L., Lardier Jr., D.T. (In process). Trauma competency inventory: preparing clinicians for treating trauma within a diverse society. *Measurement and Evaluation in Counseling and Development*.

Holladay, K., & Howells, R., Lardier Jr., D.T., Weatherholtz, I. (In process). Trauma competencies and current training requirements among counseling programs. *Journal of Mental Health Counseling*.

Holladay, K., Barrios, V., Herr, K., Bergeson, C., Dacey, C., Denholtz, C., Lardier, D., Loconte, M., Pamphile, S. (TBD). "That was the chaos in my mind." How cumulative trauma and victimization influence trauma healing. *Journal of Counseling Development*.

Holladay, K., Barrios, V., Pamphile, S., Herr, K., Lardier, D., Bergeson, C., Dacey, C., Denholtz, C., Loconte, M. (TBD). Sex workers and trauma-informed treatment modalities. *Trauma, Violence, & Abuse*.

Barrios, V., **Holladay, K.,** Herr, K., Bergeson, C., Dacey, C., Denholtz, C., Lardier, D., Loconte, M., Pamphile, S. (TBD). Macro level conceptions of sex workers.

Barrios, V., **Holladay, K.,** Herr, K., Bergeson, C., Dacey, C., Denholtz, C., Lardier, D., Loconte, M., Pamphile, S. (TBD). Childhood abuse, disclosure, and sex work initiation.

Howells, R. **Holladay, K.,** Lardier, D., Horn, D., and Theis. (TBD). Advocacy among counselors working with individuals who identify as having a disability. *Journal of Rehabilitation*.

Kocet, M., Cigrand, D., Dahl, H., Dailey, S., **Holladay, K.,** Smith, S., Stewart, L., Su, Y., Brammer, K., (TBD). Ethical Competencies in Counselor Education. *Journal of Counselor Education and Supervision*.

Sanders, C., **Holladay, K.,** Ching-Chen, C., and Cortes, R. (2020). Changing the stigma of career counseling. How well are we preparing counseling graduate students to practice career counseling? *National Career Development Association*.

BOOK REVIEWS & NEWSLETTERS

Holladay, K., (2020). Current trends in diversity recruiting practices, review of an NCDA webinar. NMCDA Newsletter. (Summer, 2020). New Mexico Career Development

Association Newsletter.

Holladay, K., (2020). "Youth, Technology, and Cyber-Sexual Assault: It Is Time We Talk About Safely Navigating Technology in a Digital Age." ACSSW Newsletter. (Summer, 2020). Association of Counseling Sexology & Sexual Wellness Newsletter, 3(1).

Holladay, K., (2020). Wellbeing at School and at Home in New Mexico ([WASH NM](#)) Newsletter. An offering to New Mexicans from the faculty and students of the Department of Individual, Family and Community Education. WASH NM Team and guest contributor.

Holladay, K., (2014). Book review: What every mental health professional needs to know about sex. *The Professional Counselor*. Retrieved from <http://tpcjournal.nbcc.org/book-review-what-every-mental-health-professional-needs-to-know-about-sex-by-stephanie-buehler/>

PROFESSIONAL PRESENTATIONS

INVITED

Holladay, K., (cancelled - Covid19*). Substance Use Recovery: Transitioning Back to the Workforce. The New Mexico Career Development Association (NMCDA). Albuquerque, NM.

Holladay, K., (2019, April). Navigating recovery from substance use and the transition to work. The New Mexico Career Development Association (NMCDA). Albuquerque, NM.

Holladay, K., (2019, August). New Directions in Clinical Supervision. The New Mexico Career Development Association (NMCDA). Albuquerque, NM.

Holladay, K., (2019, April). Navigating career choices while in recovery from substance use. The New Mexico Career Development Association (NMCDA). Albuquerque, NM.

Holladay, K., (2019, March). Research presentation to the College of Education Department. University of New Mexico. Albuquerque, NM.

Holladay, K., and Hagedorn, W.B., (2018, April). Cyber Sexual Assault: An Extension of Gender Based Violence and Sexual Trauma. American Counseling Association. Atlanta, GA. Invited for webinar. <https://aca.digitellinc.com/aca/sessions/7764/view>

Holladay, K., (2015, October). Cyber Sexual Assault. The Women's Fund, Miami, FL.

Holladay, K. (2014, September). Revenge Porn: When Digital Media Provides a Platform for Sexual Assault and Domestic Abuse. European Branch of the American Counseling Association. Milan, Italy.

Hagedorn, W. B., Bloom, Z., **Holladay, K.**, & Wood, A. (2013, October). Forgiveness and recovery: Can't have one without the other. Seminar presented at the Seminole Behavioral Health Center, Sanford, FL.

PROFESSIONAL PRESENTATIONS continued

Bloom, Z. D., & **Holladay, K.**, (2013, November). Health and Wellness. University of Central Florida Minority Teacher Recruitment & Retention Program. Orlando, FL.

Holladay, K., & Giunta, S. (2013, February). Professional orientation and ethics. Troy University, Tampa, FL.

INTERNATIONAL

Hagedorn, W. B., **Holladay, K.**, & Nelson, K. N. (2016, April). "Help me to live with what I've done!" Navigating Moral Injury with ACT and Self-Forgiveness, Program presented at the national conference of the American Counseling Association, Montreal, CA.

Holladay, K. & Solomon, C. (2014, September). Revenge Porn: When Digital Media Provides a Platform for Sexual Assault and Domestic Abuse. European Branch of the American Counseling Association. Milan, Italy.

Holladay, K., & Bloom, Z. (2014, May). Counselor Flow. British Association for Counselors and Psychotherapists. London, UK.

Bloom, Z., Flasch, P., & **Holladay, K.** (2014, May). Pornography Addiction. British Association for Counselors and Psychotherapists. London, UK.

Flasch, P., & **Holladay, K.** (2014, April). Living Up to Expectations: Impact of Sex-Role Stereotyping on Children's Wellness. Association for Childhood Education International. Vancouver, Canada.

Holladay, K. (2014, April). Effects of Parental Monitoring on Adolescents' Development of Substance Use Disorder. Association for Childhood Education International. Vancouver, Canada.

NATIONAL

Zuhl, M.N., Coakley, K.E., Lardier Jr., D.T., **Holladay, K.R.**, Amorim, F.T., (April, 2021). Exercise reduces alcohol consumption: A systematic review and meta-analysis. The American Society of Addiction Medicine (ASAM). Virtual Conference.

Lardier Jr., D.T., Coakley, K.E., **Holladay, K.R.**, Amorim, F.T., Zuhl, M.N., (April, 2021). Factors associated with latent profiles of COVID-19-related mental health and alcohol use. The American Society of Addiction Medicine (ASAM). Virtual Conference.

Holladay, K., Lardier, D., Solomon, C., (March, 2021). Trauma Competency: An intersection of historical trauma with cultural competency. American Counseling Association. Orlando, FL.

PROFESSIONAL PRESENTATIONS continued

Holladay, K., Sanders, C., Ching-Chen, C., and Cortes, R. (June, 2020*). Bridging the Gap from Career Counseling Theory to Practice. NCDCA National Conference. Accepted but not presented due to COVID.

Holladay, K., (2020, February). *The Development of the Trauma Competency Inventory. A Measurement to Help Behavioral Health Educators Better Prepare Clinicians.* Conference on Academic Research in Education. Las Vegas, NV.

Holladay, K., (2020, February). *Exploring How Substance Use Counselors Infuse Career Work To Promote Community-Based Healing: Examining the Collective Experience of Clinicians Through a Case Studies Approach.* Ethnographic and Qualitative Research Conference. Las Vegas, NV.

Holladay, K., (2020, February). *Cyber-sexual Assault: A Form of Revictimization among Sexual Assault Survivors.* American Association of Behavioral and Social Sciences. Las Vegas, NV.

Holladay, K., Rodriguez, M., Woodford, J., & Howells, R., (2019, October). *The Development of the Trauma Competency: A Measurement to Help Counselor Educators Better Prepare Clinicians for Treating Trauma within a Diverse Society.* Association for Counselor Education and Supervision. Seattle, WA.

Holladay, K., and colleagues (2019, October). *The Graduate Student Lounge: RMACES.* Association for Counselor Education and Supervision. Seattle, WA.

Holladay, K., Sanders, C., Ching-Chen, C., and Cortes, R. (June, 2019). Bridging the Gap from Career Counseling Theory to Practice. NCDCA National Conference, Houston, TX.

Holladay, K. (2019, April). Technology and morality: Teaching ethics in the classroom to reduce cyber harassment and cyber sexual assault rates among young adults. American Counseling Association. New Orleans, LA.

Holladay, K., and Hagedorn, W.B., (2018, April). Cyber Sexual Assault: An Extension of Gender Based Violence and Sexual Trauma. American Counseling Association. Atlanta, GA.

Holladay, K., and Hagedorn, W.B., (2017, October). Cyber Sexual Assault: Transforming counselor educators' approach to trauma to be inclusive of current trends. Association for Counselor Education and Supervision. Chicago, IL.

Holladay, K., Hagedorn, W.B., and Nelson, K., (2016, October). A Comparison of the Impact of Cyber-Sexual Assault and Physical Assault on the Experience of Trauma. Southern Association for Counselor Education and Supervision. New Orleans, LA.

PROFESSIONAL PRESENTATIONS continued

Holladay, K., and Nelson, K., (September, 2016). A comparison of the mental health impact of trauma guilt, depression, and PTSD for survivors of cyber-sexual assault and physical assault. Association for Assessment and Research in Counseling. Fort Lauderdale, FL.

Holladay, K., Hagedorn, W.B., Solomon, C., Nelson, K., (2015, October). Cyber Sexual Assault: Research findings and the role counselor educators play in preparing clinicians. Association for Counselor Education and Supervision. Philadelphia, PA.

Richards, J., **Holladay, K.**, and Solomon, C., (2015, February). Student Panel for Licensure. Florida Mental Health Counselor's Association. Orlando, Florida.

Holladay, K., and Solomon, C., (2015, February). Panel for Registered Interns. Florida Mental Health Counselor's Association. Orlando, Florida.

Nelson, K., Bloom, Z., & **Holladay, K.**, (2014, October). Teaching Counselors-in-Training to Report Child Abuse. Southern Association for Counselor Education and Supervision. Birmingham, Alabama.

Holladay, K., & Bloom, Z. (2014, July). Revenge Porn: When Digital Media Provides a Platform for Sexual Assault and Domestic Abuse. American Mental Health Counselors Association. Seattle, WA.

Bloom, Z., **Holladay, K.**, & Brown, C. (2014, July). Male Adolescents and Internet Pornography: A Cyber Education in Sex. American Mental Health Counselors Association. Seattle, WA.

Ohrt, J. H., Hagedorn, W. B., **Holladay, K.**, & Nelson, K. (2014, March). The effects of two experiential group approaches on counselor education students' experience of the therapeutic factors, empathy development, and group leadership self-efficacy. Program presented at the national conference of the American Counseling Association, Honolulu, HI.

Blount, A. J., Lawson, D., **Holladay, K.**, & Bloom, Z. D. (2013, October). The Resilient Counselor. Florida Counseling Association Conference. Tampa, FL.

Gonzalez, J., Martin, J., Depue, K., **Holladay, K.**, (2013, October). Community Counseling and Research Clinic. Association for Counselor Education and Supervision. Denver, CO.

Giunta, S., **Holladay, K.**, Baker, S. (2013). Finding the Right Clinical Supervisor. American Mental Health Counselors Association. Washington, DC.

Holladay K., (2012, July). The Childhood Obesity Epidemic: A Modern Day Solution. American Mental Health Counselors Association. Orlando, FL.

REGIONAL

PROFESSIONAL PRESENTATIONS continued

Holladay, K., (2021, March***). Fundamentals of Virtual Clinical Supervision. New Highlands University (NMHU) Rio Rancho Campus. Albuquerque, New Mexico.

Lardier, D., Coakley, K., **Holladay, K.**, (2020, July). Alcohol Use: Know the Facts. Alcohol Use Intervention Program. University of New Mexico (UNM) COUN 577 presentation through Zoom. Albuquerque, New Mexico.

Holladay, K., (2020, March). Fundamentals of Clinical Supervision. New Highlands University (NMHU) Rio Rancho Campus. Albuquerque, New Mexico.

Holladay, K., (2019, March). Responsiveness Training for Sexual Assault (SA) Populations: Understanding Efforts of Prevention and Treatment of Childhood SA, Adult SA, Cyber SA, and the Elderly (Part 1). Albuquerque, New Mexico.

Holladay, K., (2019, March). Responsiveness Training for Sexual Assault (SA) Populations: Understanding Efforts of Prevention and Treatment of Childhood SA, Adult SA, Cyber SA, and the Elderly (Part 2). Albuquerque, New Mexico.

Holladay, K., & Crunk, E., (2015, February). Eating Disorders and Body Image, To Write Love on Her Arms (TWLOHA), Orlando, Florida.

SCHOLARLY PRODUCTIVITY

GRANTS & FELLOWSHIPS

Sands, H., **Holladay, K.**, Goodrich, K., Howells, R., & Rodriguez, M. (2020). *Group Counseling Internship in Pandemic Times: An Interpretive Phenomenological Analysis*. Association for Specialists in Group Work (ASGW) Grant Proposal. **\$1,000** funded.

Goodrich, K., Chavez, T., Howells, R., **Holladay, K.**, Keim, J., Merrill, E., & Rodriguez, M. (2020). Mental Health Professional Development Institute for Post-Covid-19 Relief. RPSP Grant Program. Submitted.

Goodrich, K., **Holladay, K.**, Rodriguez, M. (listed in alphabetical order) (April, 2020). An Investigation of the Efficacy of the RTM Trauma-Informed Counseling in the Greater Albuquerque Area. The Albuquerque Community Foundation Grant Program. **\$19,995** grant unfunded.

Barrios, V.R., Budd, K.M., Ward, R.M., **Holladay, K.**, & Khaw, L. B. (April, 2020). Developing Culturally Informed Law Enforcement Training to Respond to Minoritized Female Campus Sexual Assault Victims. National Institute of Justice (NIJ) grant program. University of New Mexico. **<\$1,000,000.00** grant unfunded.

GRANTS & FELLOWSHIPS continued

- Lardier, D., Coakley, K., Holladay, K., Amorim, F. (February, 2020). *The Impact of High-Intensity Interval Training (HIIT) and an Education Intervention on Substance Use in Young Adults*. Center for Collaborative Research and Community Engagement (CCRCE) grant program. University of New Mexico. **\$5,967** grant funded.
- Lardier, D., Coakley, K., & Holladay, K. (October, 2019). A pilot study of a web-based prevention program to reduce substance use in undergraduate students. Research Allocation Committee (RAC) grant program. University of New Mexico. **\$9,845** grant unfunded.
- Holladay, K., Howells, R. & Lardier, D. (September, 2019). Trauma competency inventory. Research Allocation Committee (OFAC) grant program. College of Education's Center for Collaborative Research and Community Engagement (CCRCE). University of New Mexico. **\$2,000** grant funded.
- Holladay, K. (August, 2019). The community-based healing project: Infusing career work into addiction support groups. Foundation for Opioid Response Efforts (FORE). **\$600,000** grant proposal denied.
- Holladay, K. (February, 2019). Cyber-sexual assault prevention. Research Allocation Committee (RAC) grant program. University of New Mexico. **\$10,000** grant funded.
- Holladay, K. (October, 2018). Trauma Competency Inventory. Rocky Mountain Association for Counselor Education and Supervision (RMACES) Research grant program. **\$500** grant unfunded.
- Hovestadt, A., Foster, J., and Holladay, K. (2018). Prevention of child sexual abuse and assault: A psychoeducational program. CEHD Center of Excellence in Research award. Western Michigan University. **\$10,000** grant funded for the period of one calendar year, for a total of possible five years (e.g., \$50,000).
- Holladay, K. (2017). Association for Counselor Education and Supervision (ACES) Emerging Leaders Workshop. October, 2017. **\$100** fellowship to support new counselor educators in pursuit of professional development.
- Holladay, K. (2016) UCF Graduate Dean's Dissertation Completion Fellowship, college nominated. **\$10,000** fellowship *plus* **\$4,500** tuition waiver awarded to select, top graduate students with excellent research backgrounds and dissertation proposal.
- Holladay, K. (2016). Association for Assessment and Research in Counseling (AARC) Supported Scholarship Program. **\$1,500** grant to support research and scholarship.

GRANTS & FELLOWSHIPS continued

Holladay, K. (2014). AMHCA Foundation Travel Scholarship Winner. American Mental Health Counseling Association (AMHCA). \$1,000 for leadership workshop attendance at national conference.

SUPERVISION EXPERIENCE

Clinical Supervision

- Fall **COUN 595: Internship**
2019 University of New Mexico
Supervised and evaluated doctoral student. Provided midterm and final evaluations of the co-instructor (i.e., doctoral student) in training.
- Fall **COUN 595: Internship**
2019 University of New Mexico
Supervised and evaluated master's student for individual supervision.
- Fall **MHS 6803: Practicum in Counselor Education**
2015 University of Central Florida
Beverly Snyder, Ph.D., (supervising instructor)
- Spring **MHS 6803 Practicum in Counselor Education**
2014 University of Central Florida
Sejal Barden, Ph.D., (supervising instructor)

Teaching Supervision

- Spring **CECP 6220: Consultation**
2018 Western Michigan University
Supervised and evaluated doctoral student. Provided midterm and final evaluations of the co-instructor (i.e., doctoral student) in training.
- S1 **CECP 6030: Test and Measurement**
2017 Western Michigan University
Supervised and evaluated doctoral student. Provided midterm and final evaluations of the co-instructor (i.e., doctoral student) in training.
- S1 **CECP 6100: Career Development: Theory and Practice**
2017 Western Michigan University
Supervised and evaluated doctoral student. Provided midterm and final evaluations of the co-instructor (i.e., doctoral student) in training.

INTERVIEW BY MEDIA

Stancil, L. (2018, August). Revenge porn: New state law helps police, victims. *Florida Today*.
<https://www.floridatoday.com/story/news/crime/2018/08/14/revenge-porn-state-law-helps-victims/369997002/>

The Women's Fund, Miami Dade (October, 2015). *Women's Voices*.

Pohle, Allison (March, 2015). Why Doesn't Massachusetts have a Revenge Porn Law? *The Boston Globe*. Interview regarding mental health consequences of cyber sexual assault.

McKinney, Kelsey (2014). Revenge pornography. *Vox Magazine*. Interview regarding mental health consequences of cyber sexual assault.

HONORS AND AWARDS

- 2018 **National Career Development Association (NCDA)**
Selected for 4th Annual NCDA Counselor Educator Academy
- 2018 **American Counseling Association (ACA)**
Nominated for Best Practices Research Award, Faculty Award
- 2014 **American Mental Health Counseling Association (AMHCA)**
Foundation Travel Scholarship Winner (\$1,000)
- 2014 **American Mental Health Counseling Association (AMHCA)**
Graduate Student of the year
- 2013- **University of Central Florida (UCF)**
 2015 *Graduate Travel Fellowship (\$2,100)*
- 2012- **Florida Mental Health Counseling Association (FMHCA)**
 2015 *Volunteer of the year*

EDITORIAL BOARD EXPERIENCE

2020 – Editorial board member, *Journal of Employment Counseling*
 2022 University of New Mexico

2019 – Editorial board member, *Journal of Counseling Sexology & Sexual Wellness*
 2022 University of New Mexico

ADHOC Invitations

2020 – Editorial board, *Journal of Online Learning Research*
 University of New Mexico

2020 – Editorial board, *Journal of Cyberpsychology, Behavior, and Social Networking*
University of New Mexico

2019 – Springer Publishing Company. Reviewed textbook on diagnosis and treatment planning
with a trauma-informed and wellness approach

SPECIALIZED TRAINING

2021 – **A New Trauma Treatment: Reconsolidation of Traumatic Memories (RTM)**

Sponsored by Responsible Gaming Association of New Mexico

Presented by Dr. Daniel Blackwood, LPCC, ICGSCII-BACC, and RTM Certified.

2020 – **Equity? Disability and Racial Health Disparities**

Sponsored by the Florida Counseling Association (FCA) and the American Rehabilitation
Counseling Association (ARCA)

2020 – **Online Live Supervision of Telemental Health Counseling**

Sponsored by the Florida Counseling Association (FCA)

Presented by Raul Machuca, PhD, LMHC from Barry University

2020 – **Evidence-Based Practices for Teaching Online**

Sponsored by the Center for Digital Learning (CDL)

University of New Mexico, Teaching & Learning 6-week online course

2020 – **Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training**

Sponsored by PESI

Digital Seminar, 12-hour online course

2013 – **Gottman Level 1 Training**

Co-sponsored by the American Counseling Association, Tampa, FL

A Research-Based Approach 2-Day Seminar Featuring John Gottman, Ph.D. and Julie
Schwartz Gottman Ph.D.

2012 – **It's Our Duty: Reintegration, Resilience, and Mental Health**

Presented by USF's Counselor Education Program, Tampa, FL

Herbert Exum, Ph.D., Jose Coll, Ph.D., Michael McFarland, LMFT, Lynne Santiago,
LMHC, Gabriela Mancini, Psychologist, James Messina, Ph.D., Larry Braue, Ph.D.

2012 – **Suicide Prevention, Intervention & Postvention**

Judith Harrington, Ph.D., LPC, LMFT

2012 – **Neuroscience, Stress Management, and Substance Abuse Counseling: Suggestions
for Effective Integration**

Dr. Allen Ivey and Dr. Mary Bradford Ivey

2012 – **Cognitive Behavioral Therapy & Post Traumatic Stress Disorder: 2-Day Seminar**
Dr. Meichenbaum

2011 – **EMDR - Trauma Resolution & Beyond - EMDR Training for PTSD veterans**
Carole Crow, LMHC

PROFESSIONAL EXPERIENCE - ACADEMIA

DOCTORAL LEVEL TEACHING EXPERIENCE

COUN 520 Consultation and Research
University of New Mexico, Spring 2019.

MASTER'S LEVEL TEACHING EXPERIENCE

COUN 513 Career Development: Theory and Practice, Online
University of New Mexico, Fall 2020.

COUN 518 Group Counseling, Online
University of New Mexico, Fall 2020.

COUN 577 Substance Use and Abuse, Online
University of New Mexico, Summer 2020.

COUN 513 Career Development: Theory and Practice, Online
University of New Mexico, Summer 2020.

COUN 518 Group Counseling
University of New Mexico, Spring 2020.

COUN 513 Career Development: Theory and Practice
University of New Mexico, Fall 2019.

COUN 595 Internship
University of New Mexico, Fall 2019.

COUN 577 Substance Use and Abuse
University of New Mexico, Summer 2019.

COUN 513 Career Development: Theory and Practice
University of New Mexico, Summer 2019.

COUN 518 Group Counseling
University of New Mexico, Spring 2019.

PROFESSIONAL EXPERIENCE – ACADEMIA continued

COUN 513 Career Development: Theory and Practice

University of New Mexico, Fall 2018.

CECP 6100 Career Development: Theory and Practice

Western Michigan University, Summer II 2018.

CECP 6030 Tests and Measurements

Western Michigan University, Traverse City. Summer II 2018.

CECP 6100 Career Development: Theory and Practice

Western Michigan University, Summer I 2018.

CECP 6110 Theories of Counseling

Western Michigan University, Spring 2018.

CECP 6020 Group Procedures and Theories in Counseling

Western Michigan University, Spring 2018.

CECP 6220 Consultation

Western Michigan University, Spring 2018.

CECP 6100 Career Development: Theory and Practice

Western Michigan University, Spring 2018.

CECP 6080 Counseling and Life Span Development

Western Michigan University, Fall 2017.

CECP 6210 Psychopathology: Classification and Treatment

Western Michigan University, Fall 2017.

CECP 6030 Tests and Measurements

Western Michigan University, Fall 2017.

CECP 6020 Group Procedures and Theories in Counseling

Western Michigan University, Fall 2017.

CECP 6100 Career Development: Theory and Practice

Western Michigan University, Traverse City. Summer II 2017.

CECP 6030 Tests and Measurements

Western Michigan University, Summer II 2017.

CECP 6110 Theories of Counseling

Western Michigan University, Summer I 2017.

PROFESSIONAL EXPERIENCE – ACADEMIA continued

CECP 6110 Theories of Counseling

Western Michigan University, Spring 2017.

CECP 6030 Tests and Measurements

Western Michigan University, Spring 2017.

CECP 6020 Group Procedures and Theories in Counseling

Western Michigan University, Spring 2017.

MHS 6500 Group Procedures and Theories in Counseling

University of Central Florida, Spring 2014.

MHS 6401 Techniques of Counseling

University of Central Florida, Fall 2014.

MHS 6803 Practicum in Counselor Education

University of Central Florida, Co-facilitator, Fall 2014 and Spring 2015.

MHS 6450 Addiction Counseling

University of Central Florida, Spring 2014.

UNDERGRADUATE TEACHING EXPERIENCE**COUN 220 Life Designing and Career Development in Human Services**

University of New Mexico, Spring 2021

INVITED GUEST LECTURE**COUN 515 Testing and Assessment in Counseling**

University of New Mexico, Albuquerque, NM, September, 2018.

CECP 7120 Professional Field Experience

Western Michigan University, Grand Rapids, MI. May, 2017.

MHS 6465 Counseling Victims and Perpetrators of Family Violence

University of Central Florida, Orlando, FL. July, 2015.

MHS 6431 Family Counseling II

University of Central Florida, Orlando, FL. Spring, 2015.

SDS 6347 Career Development

University of Central Florida, Orlando, FL. February, 2015.

MHS 6702 Legal & Ethical Issues

University of Central Florida, Orlando, FL. Fall, 2014.

PSY 2012 General Psychology

St. Petersburg College, St Petersburg, FL. March, 2012.

PROFESSIONAL SERVICE

COUNSELING PROFESSION**Association for Counselor Education and Supervision (ACES)**

- ◆ ACES Career Interest Network (CIN)
- ◆ Co-leader for the Research methods and collaboration subgroup (09/2020)

Association for Counselor Education and Supervision (ACES)

- ◆ Ethics Task Force, Committee Member (08/2019 – 08/2021)

National Career Development Association

- ◆ 4th Annual NCDA Counselor Educator Academy in Phoenix, AZ (06/2018)

American Mental Health Counselors Association

- ◆ Conference Volunteer (2013-2015)
- ◆ Presentation Reviewer (2014)

Florida Mental Health Counselors Association

- ◆ Conference Coordinator & President-Elect (2013-2015)
- ◆ Graduate Student Representative (2012-2015)
- ◆ Volunteer Coordinator (2010-2012)

American Counseling Association

- ◆ #ImpactProject support of their anti-bullying cause and cyber sexual assault (05/2016)
- ◆ Conference Volunteer (2014)

UNIVERSITY

- ◆ Prevention Education Working Group
 - Implementing grant funded (\$300,000.00) training for University undergraduates on sexual assault bystander intervention
 - Domestic Violence Awareness Month: Facilitated Cyber Sexual Abuse
 - 3-part series: What is cyber sexual abuse; Red flags and harm reduction; Bystander Intervention tips and victim resources
- ◆ IFCE Newsletter
- ◆ Faculty Senate Policy Committee (2020 – 2023)

COMMUNITY

- ◆ Ronald McDonald House
- ◆ Greenland Pines Elementary Tutor
- ◆ C.A.S.A. Court appointed special advocates
- ◆ Generation Donation Blood Drive
- ◆ Volunteer UCF

PROFESSIONAL AFFILIATIONS

Association for Group Work (ASGW)
Association for Assessment and Research in Counseling (AARC)
Association of Counseling Sexology and Sexual Wellness (ACSSW)
American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)
Chi Sigma Iota (CSI)
National Career Development Association (NCDA)
New Mexico Counseling Association (NMCA)
New Mexico Career Development Association (NMCDA)

PROFESSIONAL CONFERENCES ATTENDED

ASAM American Society of Addiction Medicine, Virtual (April, 2021)
ACA National Conference, Virtual (April, 2021)
NCDA National Conference, Virtual (July, 2020)
EQRC National Conference, Las Vegas, NV (February, 2020)
CARE National Conference, Las Vegas, NV (February, 2020)
AABSS National Conference, Las Vegas, NV (February, 2020)
ACES National Conference, Seattle, WA (October, 2019)
NCDA National Conference, Houston, TX (July, 2019)
ACA National Conference, New Orleans, LA (April, 2019)
NMCA Regional Conference, Albuquerque, NM (March, 2019)
NMCDA Annual Conference, Albuquerque, NM (February, 2019)
RMACES Regional Conference, Park City, Utah (October, 2018)
NCDA National Conference, Phoenix, AZ (July, 2018)
ACA National Conference, Atlanta, GA (April, 2018)
ACES National Conference, Chicago, IL (October, 2017)
SACES Annual Conference, New Orleans, LA (October, 2016)
AARC National Conference, Fort Lauderdale, FL (September, 2016)
ACA National Conference, Montreal, CA (April, 2016)
ACES National Conference, Philadelphia, PA (October, 2015)
ACA National Conference, Orlando, FL (March, 2015)
SACES Annual Conference, Birmingham, AL (October, 2014)
EB-ACA International Annual Conference (September, 2014)
AMHCA Annual Conference, Seattle, Washington (July, 2014)
BACP International Annual Conference (May, 2014)
ACEI International Annual Conference (April, 2014)

ACA National Conference, Honolulu, HI (March, 2014)
ACES National Conference, Denver, CO (October, 2013)
FCA Annual Conference, Tampa, FL (October, 2013)
UCF Annual Counseling Conference, Orlando, FL (February, 2013)
AMHCA Annual Conference, Orlando, FL (September, 2012)
FMHCA Annual State Conference, FL (2009-2015)

DOCTORAL DISSERTATION COMMITTEES

Committee Member

Brammer, K. (2019). Caregivers' perceptions of their Transgender and Gender Expansive (TGE) children in New Mexico.

Tanupreet, S. (2019). Online Civic Engagements among College Students: Exploring Well-Being.

Desa, D. (2020). Mentorship and leadership within counselor education.

Doctoral Advisees

Bartlett, G. (2020)

REFERENCES

Dr. W. Bryce Hagedorn

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Department of Child, Family, and Community Sciences
University of Central Florida
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Orlando, FL 32816-1250
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Dr. Kent Butler

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Dr. Jennifer Foster

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