

## CURRICULUM VITAE

### 1. Personal Information

Name: Elizabeth A. Sampson

### 2. Qualifications / Professional Licenses / Registrations

#### Active:

Registered Nurse	Virginia	# 0001180410	Exp: 12/31/22
Nurse Practitioner – Autonomous Practice Family Nurse Practitioner Psychiatric Mental Health NP	Virginia	# 0024167304	Exp: 12/31/22
Nurse Practitioner- Autonomous Practice	Florida	ARNP9416924	Exp: 4/30/23
DEA - Florida with X wavier		*****	Exp: 2/28/22
DEA - Virginia		*****	Exp: 2/28/25
NPI		# 1457578999	
Registered Nurse	United Kingdom (NMC)		Exp: 3/31/2023

#### Inactive:

Registered Nurse	New York	# 536450
Registered Nurse	Alaska	# 15679
Registered Nurse	Arkansas	# 35499
Registered Nurse	Mississippi	# R791665
Registered Nurse	South Australia	

### 3. Professional Education

Jan 2020 – 12/2020	Chatham University 1 Woodland Rd., Pittsburgh, PA, 15232 <b>Doctorate of Nursing Practice</b>
Jan 2008 – July 2009	Kansas University Medical Center, 3901 Rainbow Blvd. Kansas City, KS. 66160 <b>Post Masters Family Psychiatric and Mental Health Nurse Practitioner Program</b>
Jan 2005 – Dec 2006	Old Dominion University, Hampton Blvd., Norfolk, VA, 23529 <b>Post Masters Family Nurse Practitioner Program</b>

Sept. 2001- Sept 2002	Albany Medical Center, New Scotland Ave, Albany, NY, 12208 <b>Wound, Ostomy and Continence Nurse Education Program</b>
Jan 1994 – March 1998	Flinders University of South Australia Sturt Rd., Bedford Park, South Australia, Australia, 5602 <b>Masters of Nursing (Child Health)</b>
Jan – Dec 1991 Conferred May 1992	Flinders University of South Australia, Sturt Rd., Adelaide, South Australia, Australia, 5602 <b>Bachelor of Nursing</b>
Jan 1982 – Dec 1984	South Australian College of Advanced Education, Sturt Campus, Bedford Park, SA, Australia <b>Diploma of Applied Science (Nursing)</b>

#### 4. Qualifying Examinations / Certifications

Family Nurse Practitioner	American Academy of Nurse Practitioners (AANP)	# F0207029	2/1/2007 – 1/31/2022
Family Psychiatric and Mental Health Nurse Practitioner	American Nurses Credentialing Center (ANCC)	# 2009011595	1/5/2010 – 1/4/2025

#### 5. Clinical Skills

Family Practice for children, adolescents and adults:

- Assessment, diagnosis, treatment and monitoring of:
  - common acute and chronic conditions
  - common women's health problems
- preventative care / education and health promotion
- referral for physical therapy, home health and specialist services
- prescription of pharmacological therapies as indicated

Psychiatric Practice for children, adolescent and adults:

- Assessment, diagnosis, treatment and monitoring of common and acute psychiatric problems including mood, anxiety, substance abuse and psychotic disorders in outpatient, inpatient and substance settings
- preventative care / education and health promotion
- ordering and interpretation of laboratory and imaging tests
- referral for neuropsychiatric testing, specialist consultation, hospitalization and psychotherapy

- implementation of brief interventions and solution based individual psychotherapy
- trained in EMDR and neurofeedback
- case management
- psychopharmacology management
- Substance use treatment including MAT with suboxone X waiver

#### Education

- Course development, implementation and evaluation
- Evaluation of program outcomes according to accreditation requirements
- Online education formats: Blackboard.
- Thesis and capstone committee member and preceptor for students completing evidence-based projects and research theses.

## 6. Professional Employment

### **Advanced Practice Registered Nurse**

- June 2021 – present      Jacksonville University  
Keigwin School of Nursing  
Brooks Rehabilitation College of Healthcare Sciences  
2800 University Blvd. N. – Health Science Complex Dolphin Pointe  
Jacksonville, Florida 32211  
Position: Assistant Professor
- August 2018 - present      Northwestern Community Service Board  
9200 North Congress street, New Market, Va 22801  
Position:      **Contract - Telepsychiatry PMHNP**  
Experience:      Telepsychiatry psychiatric management for ACT program and outpatient community mental health clinics..
- June 2018 - present      Lakeview Behavioral Health,  
1900 Corporate Square Blvd., Jacksonville, FL, 32216  
Position:      **Per diem – FNP and PMHNP**  
Experience:      Medical and psychiatric management, including detoxification protocols for inpatient substance abuse treatment for adults.
- June 2018 - present      Riverpoint Behavioral Health  
6300 Beach Blvd, Jacksonville, FL, 32216  
Position:      **Per diem – PMHNP**  
Experience:      Inpatient psychiatric care for children, adolescents and adults.
- June 2017 – June 2018      Daniel Memorial  
3725 Belfort Road, Jacksonville, FL, 32216  
Position:      **Full time – PMHNP**  
Experience:      Outpatient psychiatric care, primarily medication management

for children and adolescents.

Reason for Leaving: seek other opportunities

- Dec 2015 –  
June 2017
- Guidance Care Center  
3000 41<sup>st</sup> Street, Ocean, Marathon, FL 33050  
Position: **Full time – FNP**  
Experience: Provision of Primary Care services for clients with SMI in an Integrated Behavioral and Primary Care Program.  
Reason for leaving: Grant ending, relocation
- Nov 2012 – Nov  
2015
- Fairfield Psychological Associates  
5265 Providence Rd., Suite 500, Virginia Beach, VA, 23464  
Position: **Part time - PMHNP**  
Experience: Outpatient assessment, diagnosis and medication management of psychiatric disorders for children (> 6 years), adolescents and adults. Brief interventions and solution based individual psychotherapy. Referral for neuropsychiatric testing, specialist consultation and other psychotherapy interventions. Consultation with Psychiatrist as needed and collaboration with clinical therapists.  
Reason for leaving: Relocation
- Nov 2012 – Nov  
2015
- Christian Psychotherapy Services  
Independence Blvd., Virginia Beach, VA, 23455  
Position: **Part time - PMHNP**  
Experience: Outpatient assessment, diagnosis and medication management of psychiatric disorders for children (> 6 years), adolescents and adults. Referral for neuropsychiatric testing, psychotherapy (individual, group and family) and other disciplines. Consultation with Psychiatrist as needed and collaboration with clinical therapists.  
Reason for leaving: Relocation
- Feb 2011 – Nov  
2015
- Family Medical Practitioners - Multispecialty Practice  
1147 Independence Blvd., Virginia Beach, VA., 23464  
Position **Part-time - FNP**  
Experience: Outpatient management of acute and chronic medical conditions common to family practice including women's health, preventative care and minor injuries. Specialty focus on management of clients with diabetes mellitus.  
Reason for leaving: Relocation
- Sept 2007 –  
Nov 2012
- Dr Robert Jurko,  
3101 American Legion Road, Suite 15, Chesapeake, VA., 23321  
Position: **Part-time - FNP**  
Internal Medicine / Primary Care

Experience: Outpatient management of Internal Medicine and Primary care clients aged adolescence to geriatric. Assessment, diagnosis and management of common acute conditions and chronic disorders. Consultation with MD for complex chronic conditions. Independent in practice when MD temporarily out of town.  
Reason for leaving: Seek other opportunities providing professional and personal growth

Sept 2012 –  
Nov 2012

Atlantic Psychiatric Services  
500 Viking Dr., Virginia Beach, VA, 23455

Position: **Part-time PMHNP**

Experience: Outpatient assessment, diagnosis and medication management of psychiatric disorders for children (> 6 years), adolescents and adults.

Reason for leaving: Organization disbanded

May 2007 –  
June 2011

Parker, Schlichter and Associates,  
5029 Corporate Woods Dr. #250, Virginia Beach, VA 23464

Position: **Part-time - PMHNP**

Experience: Outpatient psychiatric practice including assessment, diagnosis and medication management of psychiatric disorders for children (> 6 years), adolescents and adults.

Reason for leaving: Seek other opportunities providing professional growth

## Education

May 2012 –  
Dec 2012

Old Dominion University  
Hampton Blvd., Norfolk, VA

Position: **Adjunct Professor Nursing Program**

Experience: Didactic undergraduate Psychiatric and Mental Health Nursing course. Experience included all aspects of course planning, implementation and evaluation. Online teaching format: Blackboard

Reason for leaving: Temporary Assignment

Jan 1994 –  
May 2001

University of Alaska, Anchorage,  
School of Nursing, Providence Drive, Anchorage, AK

Position: full time

Experience: **Assistant Professor** – ASS and BSN curriculum - Fundamentals of Nursing, Adult Nursing, Pediatric Nursing, Pharmacology, LPN Transition. Included all aspects of curriculum planning, implementation and evaluation. Participated on thesis committee for graduate student research projects.

Reason for leaving: relocation

## Registered Nurse

July 2006 –

Heartland Home Health and Hospice,

- Jan 2007  
Corporate Woods Dr., VB, VA, 23464  
Position: Per deim:  
**Certified Wound Ostomy Continence Nurse (CWO CN)**  
**Staff Home Health Registered Nurse**  
Experience: Staff RN Home health duties – assessment and planning nursing care for clients in the home setting. Consultation, assessment and planning for clients with wounds, ostomies and/or continence needs.  
Reason for leaving: Seek Nurse Practitioner position
- Dec 2004 –  
July 2006  
Wound Healing and Hyperbaric Medicine Center  
Chesapeake General Hospital,  
Battlefield Blvd., N., Chesapeake, VA, 23320  
Position: Part time  
**Certified Wound Ostomy Continence Nurse (CWO CN)**  
**Hyperbaric Therapy**  
Experience: Assessment, planning and implementation of nursing care for clients with wounds and undergoing hyperbaric oxygen therapy.  
Reason for leaving: Needed per deim employment to finish education
- May 2004 –  
Dec 2004  
Obici Hospital  
Godwin Blvd., Suffolk, VA, 23434  
Position: Full – time  
**Certified Wound Ostomy Continence Nurse (CWO CN)**  
Experience: Consultation, assessment and planning for clients with wounds, ostomies and/or continence needs in the hospital setting. Development and implementation of product formulary practice protocols for skin, wound and ostomy care. Staff education.  
Reason for leaving: Seek other opportunities providing professional and personal growth
- Oct 2003 –  
Feb 2004  
Naples Community Hospital,  
8<sup>th</sup> Ave., Naples, Florida.  
Position: Travel assignment – full time – Registered Nurse  
Experience: Medical/Surgical nursing and Telemetry nursing
- June –  
August 2003  
Sentara Leigh Hospital,  
Kempsville Rd., Norfolk, VA, 23502  
Position: Travel assignment – full time – Registered Nurse  
Experience: Medical/Surgical nursing and Orthopedic nursing
- April –  
August 2003  
Gentiva Health Services,  
230 Clearfield Ave., Norfolk, VA., 23462  
Position – per diem - Staff RN, Wound Care Program
- Jan –  
April 2003  
Sentara Norfolk General Hospital,  
Grisham Dr., Norfolk, VA.  
Position – full time - Travel assignment – Medicine Step-Down Unit

- June –  
October 2002 Maryview Medical Center,  
High St., Portsmouth, VA  
Position – full time - Travel assignment - Med/Surg, Diabetes, Wound Care
- Jan 1999 –  
June 2002 Alaska Native Medical Center  
Diplomacy Dr., Anchorage, AK.  
Position 1 – per diem - Staff Registered Nurse – Surgical, Medical  
Position 2 – per deim - Case Manager – Internal Medicine and Cardiology
- Jan 1997 –  
Jan 2002 MCP Hahnemann University  
Philadelphia, PA, 19129  
Position – Instructor NCLEX EXCEL Course
- June 1996 –  
June 2000 Columbia Alaska Regional Home Health  
3935 Reka Dr., Anchorage, AK  
Position – per diem - Home Health RN - Wound Care
- Jan 1994 –  
May 2001 University of Alaska, Anchorage,  
School of Nursing, Providence Drive, Anchorage, AK  
Position: full time  
Experience: Assistant Professor – Fundamentals of Nursing, Adult  
Nursing, Pediatric Nursing, Pharmacology, LPN Transition. Included all  
aspects of curriculum planning and implementation
- Nov1993 –  
Jan 2000 Alaska Regional Hospital  
2801 Debarr Rd., Anchorage, AK  
Position: full time and per diem - Staff RN  
Experience: Med/Surg, Orthopedics, Oncology, Stepdown Units
- Aug 1992 –  
May 1993 Baptist Schools of Nursing,  
11900 Colonel Glenn Rd., Little Rock, AR  
Position - Adjunct Faculty - Med/Surg, Psychiatric Nursing
- March 1992 –  
Aug 1993 Baptist Medical Centre, I-630, Exit 7, Little Rock, AR  
Position - Charge Nurse - Cardiothoracic, Telemetry
- June 1990 –  
March 1992 Baptist Memorial Medical Centre  
Pershing Circle, North Little Rock, AR  
Position – Staff RN - Cardiac Step-down/ Telemetry, Med/Surg
- May –  
Dec 1989 Medalert Personnel,  
73 Weston St., London Bridge, London, England, UK  
Position –Agency RN - pediatrics, Neonatal, Cardiothoracic
- March –  
Dec1988 King Abdul-Aziz Military Cantonment Hospital  
Tabuk, Kingdom of Saudi Arabia  
Position - Senior Staff Nurse - Male surgery, Pediatrics

Employment prior to 1988 available on request.

## 7. Professional Continuing Education

		Credits
Dec 17, 2020	Test your skills: diagnosis and treatment challenges in a cardiopulmonary patient  <i>Provider: Purdue College of Pharmacy, Office of CE and Professional Development. 601 Stadium Mall Dr., 336 West Lafayette IN, 47907</i>	0.75 AMA
Dec 17, 2020	<ul style="list-style-type: none"> <li>• Current trends in respiratory disease: updates for the primary care physician</li> </ul>	4 AMA
	<ul style="list-style-type: none"> <li>• Provider and Caregiver Connection: Patient perspective in EGPA: Perfecting the differential diagnosis</li> </ul>	1 AMA
	<i>Provider: Physicians' Education Resource, LLC</i>	
Dec 17, 2020	<ul style="list-style-type: none"> <li>• Orthopedic demonstration: shoulder pain and knee pain in adult primary care</li> </ul>	1 AMA
	<ul style="list-style-type: none"> <li>• Can't miss dermatology diagnoses: coetaneous manifestation of systemic disease</li> </ul>	1 AMA
	<ul style="list-style-type: none"> <li>• Differential diagnosis and treatment of recurrent pericarditis in clinical practice</li> </ul>	1.25 AANP
	<ul style="list-style-type: none"> <li>• Evaluation of dizziness in Primary Care</li> </ul>	0.75 AMA
	<ul style="list-style-type: none"> <li>• A head start on migraine: evaluation and diagnosis of migraine</li> </ul>	0.38 AANP
	<ul style="list-style-type: none"> <li>• Ding dong the gastroenterologist is dead: how to make an accurate diagnosis of IBS in 7 questions +/- 4 blood/stool studies</li> </ul>	1 AMA
	<ul style="list-style-type: none"> <li>• Influenza Management in 2020: what you should know about prevention, diagnosis and identifying candidates for treatment</li> </ul>	0.4 AANP
	<ul style="list-style-type: none"> <li>• COVID-19 web series Part 4: patient evaluation and diagnosis</li> </ul>	1 AMA
	<ul style="list-style-type: none"> <li>• Cases in Pulmonology: practice changing insights for the PCP</li> </ul>	1 AMA
	<ul style="list-style-type: none"> <li>• Approach to the patient with syncope</li> </ul>	1 AMA
	<i>Porvider: Pri-Med Institute</i>	
Dec 17, 2020	Safe and Effective Prescribing of Controlled Substances	3 AANP
	<i>Provider: Florida Hospital Association</i>	
Dec 16, 2020	Review of rapid diagnostic tests for infectious diseases Detecting and responding to human trafficking	1 AMA 2 CEU
	<i>Provider: Baptist Health South Florida; Continuing Medical Education</i>	
Dec 16, 2020	Cardiovascular Assessment	1.5 CEU

	Geriatric Assessment	1.5 CEU
	<i>Provider: Healthstream CNE Provider Unit 209 10<sup>th</sup> Ave south, suite 450, Nashville, TN</i>	
Dec10, 2020	Bringing UC Clinical Decision Making into focus for 2020: identify the right treatment for the right patients at the right time <i>Provider: CME Outfitters.</i>	1.5 CEU
Dec 10, 2020	Diagnosis, Classification and Treatment of heart failure in older adults  <i>Provider: Gerontological Advanced Practice Nurses Association, East Holy Av., Box 56, Pitman, NJ, 08071-0056</i>	1 CEU
Oct 26, 2019	Breathe easier: updates in asthma, influenza, and IPF for practitioner in Federal and Public health settings  <i>Provider: PRIME Education, LLC 5900 Andrews Ave, suite 500, fort Lauderdale, FL, 33309</i>	4.5 AANP
Aug 2019	Avancing Outcomes in Liver Disease Breathe easier: updates in athma, influenza and IPF  <i>Provider: PRIME Education, LLC 5900 N Andrews Ave., # 500, Fort Lauderdale, FL, 33309</i>	6 4.5
June 2019	Clinical Decisions: Insomnia Care – An integrated approach  <i>Provider: Cleveland Clinic Foundation for CE</i>	1.25
July 2019	Addiction of the older patient What do pain physicians do?  <i>Provider: Lakeview Health 1900 Corporate Blvd, Jacksonville, FL 32216</i>	1 1
Jan 2019	2018 rules nad Laws of the Florida Board of Nurisng 2018 Prevention of Medical Errors 2018 Domestic violence  <i>Provider: <a href="http://www.Nurse411.com">www.Nurse411.com</a></i>	2 2 2
Jan 2019	Human Trafficking Recognizing Impairment in the workplace  <i>Provider: Nurse Ce4Less.com</i>	2 2
Nov 2018	Safe and effective prescribing of controlled substances in Florida  <i>Provider: Florida Medical Association, Jacksonville, FL</i>	3 AMA
Nov 2018	Southern Diabetes Initiative	8 (2.541 pharm)

	Regional conference	2.25 (0.59 pharm)
	<i>Provider: Pri-Med, Jacksonville, FL</i>	
Nov 2018	ANCC Psychiatric and Mental Health Nurse Practitioner ANCC Item Writing Workshop	40
	8515 Georgia Avenue, #400, Silver Spring, MD 20910	
Aug 2018	Medication Assisted Treatment – 8 hour waiver training Medication Assisted Treatment – 16 hour waiver training	8 (8 pharm) 16 (13 pharm)
	<i>Provider: American Psychiatric Nurses Association Falls Church, VA, 22042</i>	
May 2018	Practitioner Diversion Awareness conference	6.5 AMA
	<i>Provider: Federation of State Medical Boards of the US (FSMB), Orlando, FL</i>	
Feb 2018	Primary Care Updates	6.25 (2.628 pharm)
Feb 2018	Annual Conference	18 (6.257 pharm)
	<i>Provider: Primed, Ft Lauderdale, FL</i>	
Jan 2018	Antidepressants, Part 1 and Part 2	3
	Update of diagnostic issues for Borderline Personality disorder	1.5
	Neurofeedback: significance for psychiatry	1.5 AMA
	<i>Provider: CME Outfitters, LLC.</i>	
Jan 2018	Is there and app for that?	1
	Frontiers of psychatirc treatment: recent advances and future directions	14 AMA
	<i>Provider: McLean Hospital, Belmont, MA, 02478</i>	
June 2017	ENT Update 2017	2 Contact hours
	<i>Provider: The Florida Keys Area health Education Center, Key West, FL</i>	
Feb 2017	Primary Care Updates	6.25 (1.53 pharm)
Feb 2017	Annual Conference	18.44 (2.627 pharm)
	<i>Provider: Primed, Ft Lauderdale, FL</i>	
Feb 2017	Florida Nursing laws and Rules	2
	Safe and Effective Prescription of Controlled Substances	3
	Prevention of medical Errors	2

	Domestic Violence: IPV, Elder Abuse and Child Abuse	2
	<i>Provider: NurseCe4Less, 3772 Last Best Place, Missoula, MT, 59808</i>	
Oct 2016	Communicable Disease and Mosquito Borne Infections	1.5
	<i>Provider: The Florida keys Area health Education Center</i>	
Oct 2016	2016 Opioid REMS: Achieving Prescriber Compliance and Patient Satisfaction – On Demand	3 AMA
	<i>Provider: Florida Medical Association</i>	
May 2016	HIPPA for Behavioral Health Providers v.3	1
	HIV/AIDS Part 1 v.2	1
Dec 2016	AIDS in the Workplace v.1 R	1
	<i>Provider: Netsmart Technologies, Overland Park, KS, 66211</i>	
Feb 2016	Annual Conference, South	18.5 (1.27 pharm)
Feb 2016	Primary Care Updates,	6.25 (2.71 pharm)
	<i>Provider: PriMed, Fort Lauderdale, FL.</i>	
Dec 2015	1. AIDS in the Workplace v.1	1
	2. ADIS in the Workplace v.1 ®	1
	3. Confidentiality of Alcohol and Drug Patient Information	1.5
	4. HIPPA: for substance abuse providers, v.3	1
	5. Crisis Intervention and Risk Assessment	2
	6. Diversity: Embracing Diversity in the Workplace v.2	1
	7. Psychiatric medications v.5	3
	<i>Provider: Netsmart Technologies 4950 College Boulevard, Oakland Park, KS, 66211</i>	
Oct 2015	Orthopaedics for the Primary Care Physician	4 AMA
	<i>Provider: EVMS, Norfolk, VA</i>	
Sept 2015	Disruptive, Irritable Adolescents: Part I and Part II	3
	<i>Provider: UHS Neurobehavioral Systems 12710 Research Blvd., STE 255, Austin, TX</i>	
Sept 2015	The road to remission: optimizing pharmacological treatment of unipolar depression	2.5 AMA
	<i>Provider: Neuroscience Education Institute</i>	
Aug 2015	Medical Errors prevention	2
	<i>Provider: Quantum Units Education, 1502 3<sup>rd</sup> St., Baywood Park, CA 93402</i>	
May 2015	NMDA Receptor Activation for the Treatment of Autism	2

		AMA
	<i>Provider: Tidewater Academy of Psychiatry EVMS, Norfolk, VA</i>	
Feb 2015	CHKD Chronic Care Conference	5.75
	<i>Provider: Children's Hospital of the King's Daughters Norfolk, VA</i>	
Jan 2015	ANCC Psychiatric and Mental Health Nurse Practitioner ANCC Item Writing Workshop ANCC Silver Spring, MD.	20
Dec 2014	A multifaceted PCP Initiative: HIV screening and prophylaxis in the Deep South	1.25 AMA (0.65 pharm)
	<i>Provider: Primed LLC, Norfolk, VA</i>	
Dec 2014	Southern Diabetes Initiative: Overcoming an Epidemic	8 AMA (4 pharm)
	<i>Provider: Primed LLC, Norfolk, VA</i>	
Oct 2014	Orthopaedics for the Primary Care Physician: management of common musculoskeletal disorders of the hand, foot and extremities	4 AMA
	<i>Provider: EVMS and Atlantic Orthopaedic Specialists Virginia Beach, VA</i>	
Feb 2014	High Frequency Chest Wall Oscillation lecture	1 CEU
	<i>Provider: Hill-Rom</i>	
Jan 2014	Cleveland Clinic Center for Continuing Education	
	1. Medication-assisted treatment of opiate dependence is gaining favor	1
	2. A practical approach to prescribing antidepressants	1
Jan 2014	Medscape Continuing Education	
	1. Applying the Biology of Depression to Patient Management: Targeted Treatment	1.5
	2. Review Links antidepressants to Liver toxicity	0.25
	3. Monoamine Oxidase Inhibitors: Bridging the Gaps in the Treatment of Major depression	2.5
	4. Perspective on MDD Emerging Agents: First Response from Spring 2013	0.5
	5. Balancing Efficacy, symptoms and side effects in MDD treatment: sexual dysfunction and weight gain	0.5
	6. Refractory Psychosis: Treatment options and strategies	1.5
	7. Metabolic Monitoring for patients on antipsychotic medications	1.5
	<i>Provider: CME Outfitters Continuing Medical Education</i>	

Nov 2013	2 <sup>nd</sup> Annual Cardiology in Primary Care Conference <i>Provider: Eastern Virginia Medical School, Norfolk, VA</i>	13.5 AMA
Oct 2013	Using the DSM-5 for Revolutionizing Diagnosis and Treatment <i>Provider: Premier Education Solutions, Robert Bogenberger, MA, PhD Course location: Norfolk, VA., 23502</i>	6 ANCC
Oct 2013	Orthopedics for the Primary Care Physician: Spine <i>Provider: Eastern Virginia Medical School, Norfolk, VA</i>	4 AMA
May 2013	Christian Psychotherapy Services - Spring retreat <i>Provider: School of Psychology and Counseling Professional and Continuing Education, Regent University, Virginia Beach, VA, 23464</i>	6 APA
April 2013	Urology Updates for the Primary Care Provider <i>Provider: EVMS/ Urology of Virginia Cavalier Hotel, Virginia Beach, VA</i>	10.75 AMA
Feb 2013	17 <sup>th</sup> Annual Chronic Illness Conference Mental and Behavioral Health Track <i>Provider: Children's Hospital of the King's Daughters Norfolk, VA., 23507</i>	6.25 Hours ANCC
Jan 2013	VOA Hematology Winter Conference <i>Provider: Eastern Virginia Medical School and Virginia Oncology Associates, Virginia Beach, VA</i>	4 AMA
Nov 2012	High Frequency Chest Wall Oscillation Lecture <i>Provider: Hill-Rom, Virginia Beach, VA CCMC # 00090905-A202</i>	1 hour
Ocr 2012	Who's at risk of developing Breast Cancer? Who's at risk of developing GI Cancer? <i>Provider: EVMS and VA Oncology Associates, Virginia Beach, VA</i>	1.0 1.0 AMA
April 2012	ANCC, Item Writing Workshop for Psychiatric Mental Health Nurse Practitioner Exam 35  ANCC, Silver Spring, MD	19.5 ANCC
March 2012	Turning the Tide on Diabetes <i>Provider: Eastern Virginia Medical School</i>	17.25 AMA

	Hilton, Virginia Beach, Atlantic Ave.	
Nov 2011	Neurology Update	4.5 AMA
	<i>Provider: Eastern Virginia Medical School, Norfolk, VA</i>	
Sept 2011	Improving patient safety through the use of EHR	10.75 AMA
	<i>Provider: Tidewater Community College and Eastern Virginia Medical School</i>	
March 2011	EEG Biofeedback Comprehensive Training Course	36 hours
	<i>Provider: EEG spectrum international Dulles, VA</i>	
March 2011	DMS IV TR for clinicians	6.0 ANCC
	<i>Provider: PESI LLC, Norfolk, VA 23518</i>	
Sept 2010	Turning the Tide on Diabetes	14 CME
	<i>Provider: Eastern Virginia Medical School Hilton Virginia Beach, Atlantic Ave., Virginia Beach, VA.</i>	
July 2009 and Aug 2009	EMDR Part I & II, Heather Boynton, LCSW	45
	<i>Provider: PSA, Virginia Beach, VA.,23464</i>	
Oct 2009	Psychiatric Nurse Practitioner Review Seminar	14 ANCC
	<i>Provider: ANA Continuing Education, Charleston, SC</i>	
June 2009	Clinical Aspects of Suicide, Mary Bartlett, PhD.,	6
	<i>Provider: Darden College of Education, Old Dominion University, Hampton Blvd., Norfolk, VA</i>	
May 2009	Pri-Med Update and ACC Clinical Focus,	13.75 AANP
	<i>Provider: Pri-med, Norfolk, VA.</i>	
May 2009	Treating childhood depression	1.5
	<i>Provider: Dr. Peter Dozier, CHKD, Norfolk, VA</i>	
Oct 2008	Psychopharmacology Modules, Steven Stahl, MD	57
	<i>Provider: Neuroscience Education Institute, CA.</i>	
March 2008	Virginia Council of Nurse Practitioners 34 <sup>th</sup> Annual Conference,	18.5 (3.291 pharm)
	<i>Provider: VCNP, Roanoke, VA.</i>	
Dec 2007	Pri-Med Updates	8.75 (4.275 pharm)
	<i>Provider: Primed, Norfolk, VA</i>	
June 2007	7 <sup>th</sup> International Conference on Pain and Chemical	

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	Dependency, New York, NY
Jan 2007	Family Nurse Practitioner Certification Review Course,  <i>Provider: Advanced Practice Education Associates, Norfolk, VA</i>
Jan 2005	Foot and Nail Care Education for Nurses  <i>Provider: University of Wisconsin in Eau Claire, Eau Claire, WI</i>

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- Continuing Education prior to 2005 available on request.

## 8. Professional Membership

- Sigma Theta Tau
- American Academy of Nurse Practitioners (2007)
- Founding Member Alaska Nurses Association Foundation
- Wound, Ostomy, Continence Nursing Society (2002 – 2005)
- American Psychiatric Nurses Association (2010)

## 9. Community Involvement

- Volunteer, Shriner's Clinic, Anchorage, AK (1999 – 2001)
- Volunteer, 'Health Fair' screening clinics, Anchorage, AK (2000 – 2002)
- Volunteer, Big Brothers Big Sister Teen Mentor, Anchorage, AK (2001-2002)
- Volunteer, Chesapeake Free Clinic, Chesapeake, VA (2003, 2007)

## 10. Professional Service

- Chair Student Affairs Committee, University of Alaska Anchorage, AK, 1998-2000
- ANCC Psychiatric and mental health Nurse Practitioner Role Delineation Study - 2011 and 2014
- Guest lecturer
  - Old Dominion University, Norfolk, VA - FNP program
    - Presentation: Psychiatric Care of the Client in Primary Care 3/29/2012, 4/4/2013
  - Healthcare Informatics Department, Chatham University Pittsburg, PA
    - Presentation: Improving access to care: Implementation of a digitally-delivered self-management intervention for depression, 2/2021
- ANCC Item Writer for the ANCC Psychiatric Nurse Practitioner Exam
  - 2012, 2015, 2018, 2020 – 2021
- Content Expert Registry Member, ANCC, Psychiatric Nurse Practitioner Exam, 2013
- Preceptor Activities:

- Family Nurse Practitioner Program, Georgetown University, Washington, DC. - Spring, Summer 2013, Fall 2013, Spring 2014, Spring 2015
- WHNP program, University of South Alabama, Mobile, AL. - Fall 2013
- PMHNP student, University of South Alabama, Mobile, AL. - Fall 2013
- PMHNP student, University of Virginia, Charlottesville, VA. - Spring 2015
- FNP Student, Simmons College of Nursing, Spring 2017
- LECOM – 3<sup>rd</sup> year medical student, child psychiatry elective, Fall 2017
- University of Miami – PMHNP student, Spring 2018
- Jacksonville University - PMHNP students, Spring 2018

## 11. Original Research

- May 1996 Interest among Alaskan LPNs in pursuing an RN education: a cross-sectional survey of needs, instructional preferences and resources'
- Nov 1997 'Adolescent Perceptions of Pregnancy, Childbirth and Parenthood: a study in Anchorage, Alaska'.
- July 1999 'Outcomes Assessment: An analysis of Graduate and Employer Surveys Associate of Applied Science, Nursing Program', Co-authored with Ms. J. Petersen, RN, MSN and Ms. P. Hong, RN, MA
- Dec 2020 Evidence-based project: Improving access to care: Implementation of a digitally-delivered self-management intervention for depression.

## 12. Publications

- April 2000 Cover Photograph, MedSurg Nursing: The Journal of Adult Health, 9(2), April 2000

## 13. Poster Presentations

- Title: 'Alaska LPNs voice interest in academic mobility'  
Sept 1996 Fall Nursing Research Conference,  
Theta Omicron Chapter, Sigma Theta Tau, International
- Feb 1997 Family Open House,  
School of Nursing, University of Alaska, Anchorage
- Title: 'Adolescent Beliefs about Pregnancy, Childbirth and Parenthood'  
Sept 1997 Alaska Nurses Association and Alaska Nurse Practitioners  
Association Annual Convention
- May 1999 "Rural Health Frontier for the 21<sup>st</sup> Century"  
Theta Omicron Research Conference

## 14. Professional References available on request