CURRICULUM VITAE

Pam Rillstone
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EDUCATION	**DEGREE**	**DATE**	**MAJOR**
University of Florida Gainesville, Florida	PhD	1999	Nursing Minor-Death Studies/Counseling
University of Florida Gainesville, Florida	Nurse Practitioner Post Grad Certificate	1995	Adult Mental Health Psychiatric Nursing
University of Alabama Birmingham, Alabama	MSN	1984	Maternal/Infant CNS
University of Alabama Tuscaloosa, Alabama	BSN	1979	Nursing
Mobile College/Mobile Infirmary School of Nursing Mobile, Alabama	ADN	1976	Nursing
Spring Hill College Mobile, Alabama	None	1973-1974	Pre-Nursing

PROFESSIONAL LICENSURE [AND CERTIFICATIONS]

APRN 1247222, Florida, most current issued 2020, expires 4/30/2022.
Certified Clinical Specialist in Adult Psychiatric and Mental Health Nursing through the American Nurses Credentialing Center (ANCC), 1996, recertified 2001, 2006, 2011, 2016, expires 12/1/2021.
Certification in Thanatology: Death, Dying and Bereavement (CT) through ADEC (Association of Death, Education & Counseling), 2004; recertified 2006; 2009; and 2012.
Fellow in Thanatology: Death, Dying and Bereavement (FT) through ADEC, 2015; recertified 2018.
CPR Certified, American Heart Association, current card expires 6/22.

PROFESSIONAL EXPERIENCE

Position	*Organization*	*Dates*
Clinical Nurse Specialist/ Psychotherapist	Private Practice Jacksonville, FL	2010 – present
Professor in Nursing	Jacksonville University	2012 – present
Associate Professor in Nursing	Jacksonville, FL	2008 – 2012

Associate Professor in Nursing	Barry University Miami Shores, Florida	2006 – 2008
Associate Professor in Nursing Assistant Professor in Nursing	Jacksonville University Jacksonville, Florida	2004 - 2006 1999 - 2004
Psychotherapist	Edwards Counseling Assoc. Jacksonville, Florida	1998 - 2000
Adjunct Professor	University of North Florida Jacksonville, Florida	1998-1999
Bereavement Coordinator	Baptist/St. Vincent's Visiting Nurse-Hospice Jacksonville, Florida	1998
Clinical Nurse Specialist (Mental Health/Grief & Loss)	Baptist Medical Center Jacksonville, Florida	1990-1998
Women's Services In-service Coordinator	Baptist Medical Center Jacksonville, Florida	1989-1990
Perinatal Nurse Specialist	Healthdyne Perinatal Services, Orlando, Florida	1988-1989
Obstetrical Nurse Specialist	Orlando Regional Medical Center, Orlando, Florida	1985-1988
Assistant Head Nurse/ Labor & Delivery	Orlando Regional Medical Center, Orlando, Florida	1984-1985
Obstetrical Staff Nurse	Shelby Medical Center Alabaster, Alabama	1983-1984
Neuro/Psych Staff Nurse	Martin Memorial Hospital Stuart, Florida	1982-1983
Director of Nursing	Kimberly Nurses/Meditest Orlando, Florida	1981
Home Visiting Nurse	Home Health Care Agency of North Alabama Tuscaloosa, Alabama	1977-1981
Head Office Nurse	James Gascoigne, MD Tuscaloosa, Alabama	1977

Medical/Surgical Staff Nurse	West Alabama General Hospital, Northport, Alabama	1976-1977

HONORS AND AWARDS

April 22, 2021, Inducted into the Honor Society of Phi Kappa Phi at Jacksonville University, Jacksonville, FL

May 11, 2019, Inducted into the Great 100 Nurses in the category of Education, Jacksonville, FL

May 23, 2017, Selected as a finalist for the First Coast Celebration of Nurses Award in the Legacy category. The Legacy category is for nurses who have been in the profession 20 years or more whose dedication to nursing has left a lasting impact on the field.

Spring, 2013, Nominated for JU Excellence in Community Service Award, Jacksonville, FL

Spring, 2009, Nominated for JU Excellence in Teaching Award, Jacksonville, FL

September, 2008, Received 2007/2008 Faculty Award for Teaching from Barry University, Division of Nursing Faculty Affairs Committee, Miami Shores, FL

April, 2008, Received Apple Award (Appreciation for Leading Educators) from Barry University, Miami Shores, FL

2006, Guest speaker at the May 2006 Pinning Ceremony for Jacksonville School of Nursing 2006 graduating class

June 2005, Selected to participate in an End-of-life Nursing Education Consortium (ELNEC) graduate course in Pasadena, CA, all expenses paid through a grant.

2004, Received the *Jacksonville University Faculty Award for Excellence in Community Service for 2003-2004*

2002-2003, Selected as *Outstanding Volunteer Victim's Advocacy* for Hubbard House for the year

June 6, 2003, Selected as *Facilitator of the Quarter* for Hubbard House (Shelter for Victims of Domestic Violence)

1995, Featured in *Leader, The Magazine for Helping Professionals* Spring 1995 for utilizing the Windows Healing and Helping Through Loss program with staff at Baptist Medical Center

1980 (inducted), Sigma Theta Tau, Charter Member Epsilon Omega Chapter, Inducted

1979, Capstone College of Nursing Honor Society, University of Alabama

1979, The National Dean's List, University of Alabama

SCHOLARLY ACTIVITIES

Research

2007-2008, Arts in Alzheimer's Care (ARTINAC), a feasibility study to explore how Alzheimer's patients respond to three user-friendly art activities.

1999, Primary Investigator, Prenatal Diagnosis of Fetal Abnormalities: Managing Catastrophic Psychic Pain in a Subsequent Pregnancy (PhD Dissertation)

Publications

Harvey, C. & Rillstone, P. (March 29, 2019). Nursed to Health: Healthy life: Holistic

practices meet traditional Western medicine. Published in the *The Wave* at JU.

Rillstone, P. (January 2, 2018). Nursed to health: When should you call in Hospice? *Florida Times-Union.*

Rillstone, P. (May 25, 2016). Nursed to health: How to deal with anxiety, not let it get best of you. *Florida Times-Union.*

Rillstone, P. (September 24, 2014). Nursed to health: Grief can be transformed into a journey of healing. *Florida Times-Union.*

Rillstone, P. (August 28, 2013). Nursed to Health: Who's taking care of you? *Florida Times-Union.*

Lindgren, C. L., Walsh, S. M., Lamet, A. R., Rillstone, P., Little, D. J., Steffey, C. M., Rafalko, S. Y., & Sonshine, (2011) Fifteen Minute Self Expressive Art Activities for Persons with Dementia.. *ARN (Association of Rehabilitative Nurses) Network.* (October/November 2011).

Walsh, S. M., Lamet, A. R., Lindgren, C. L., Rillstone, P., Little, D. J., Steffey, C. M., Rafalko, S. Y., & Sonshine, R. (2010). Art in Alzheimer's care: Promoting well-being in persons with late-stage Alzheimer's Disease. *Rehabilitation Nursing, 36* (2), 66-72.

Rillstone, P., & Hutchison, S. A. (2001). Managing the reemergence of anguish: Pregnancy after a loss because of anomalies. *Journal of Obstetric, Gynecologic, & Neonatal Nursing, 30,* 291-298.

Rillstone, P. (1996). Assisting families: Growing through grief. *International Doula: The Official Publication of Doulas of North America, 4* (3), 4-5.

Rillstone, P. (1993). In my experience. . . Not all babies live: Responding to unanticipated birth experiences. *International Journal of Childbirth Education, 8* (4), 27-28.

Student Research Advising

Graduate research – Chaired or served on research committees for the following students:

Irene Talarico – DNP project - *The Use of Tele-psychiatry to Increase Mental Health Services Access and Promote Medication Adherence in Rural Locations*, began January 2019, completed 2/2020.

Pamela Card – DNP project - *Promoting DNP Student Program Persistence Through Peer and Final Project Support,* began fall 2018, completed June 2020.

Mary Beaudry – DNP project -*Motivational Interviewing and Diabetes,* Chair, summer 2017, proposal defense 7/11/17; Completed 4/26/18.

Amanda McNulty - DNP project - *Using Brief Motivational Interviewing to Increase Healthy Lifestyle Habits in Overweight and Obese Adults in a Rural Family Practice Setting.* Completed 1/29/18.

Lynda Howard – *Hospital Based Perinatal Bereavement Support Programs,* Chair, Student never completed.

Sandra Campbell - *Acute Care Nurses and Dementia Care Education,* Chair, Completed 12/12

Cicely Brooks – *Screening Practices and Beliefs Related to Maternal Depression by Primary Care Practitioners,* Member. Completed 12/11.

Linda Adams – Capstone Project, *A Dignified Rite of Passage: How End-of-life Care*

Affects Dignity, Chair. Completed 8/10.

Leyla Pordeli – Capstone Project, *A Comparative Study of Coping Strategies among American Women and Iranian Women with Breast Cancer, Chair. C*ompleted 4/09.

Moe McGinty – Capstone Project, *Grief Associated with Untimely Weaning and Lactation Failure,* Chair. Completed 4/06

Deborah Brabham – Capstone Project, *Spiritual Care in Palliative Nursing: A Literature Review,* Chair. Completed 4/06

Sandi Knapp – Capstone Project, *Educational Program to Promote Stress Reduction in Families of Critically Ill Patients,* Chair. Completed summer, 2005

Ariana Gross – Capstone Project, *End of Care Obstacles & Facilitators in the Critical Care Units of a Community Hospital,* Chair. Completed 4/05
Ariana Gross had her Capstone Project published in *Journal of Hospice and Palliative Nursing* 12/05

Undergraduate Research

Tracie Mitchum-Green – *Exploring the Lived Experience of Now-Adult Child Sexual Abuse Victims: A Qualitative Study*, 2014, served on Graduate committee.

Arielle Bass & Rayanne Bradford - *Exploring Creative Interventions to Reduce Stress and Anxiety in Nursing Students,* 2014, served on committee

Prince Agyemang-Gyau - *Psychiatric Nurse's Assessment of Pain using pain assessment tools in psychiatric patients unable to report their pain,* 2013-2015, served on committee

Julie Loftus & Courtney Fluharty – *Health Promotion Education & Adolescent Female Body Size & Body Images*, graduated May, 2004, served on committee

Brenda Wilson – *The Experience of Women after Coronary Artery Bypass Graft Surgery: A Qualitative Study*, graduated May, 2000, served on committee

Development of New Courses and Programs

2017-present Working to incorporate more holistic practices into our Keigwin School of Nursing program, with the ultimate goal to become nationally recognized as an endorsed program through the Holistic Nurses Credentialing Center, or at the very least help our faculty/staff/students to become more holistic to better care for self.

2015-2017 Spearheaded effort to develop PMHNP (Psych Mental Health Nurse Practitioner) program which began fall 2015. Assisted in developing 4 new Courses:
NUR 572 Assessment
NUR 573 Psychopharmacology
NUR 575 Individual Counseling
NUR 577 Family & Group Therapy Across the Lifespan – co-taught this course first time fall, 2016

2011 NUR 660: Ethics in Clinical Practice (3) New course for DNP program. Taught first time Summer, 2012 at Jacksonville University.

Fall 2007 NUR 680: Advanced Concepts of Clinical Nursing V (Behavioral Health) (3) Developed and taught 2 sections Fall, 2007 at Barry University

Spring 2007 NUR 300 Issues in Grief and Loss (3) – developed and taught for the first time Spring 2007 at Barry University

Spring 2005 NUR 536 Grief and Loss (3), graduate level – developed and taught for first time Spring 2006 at Jacksonville University.
Spring 2001 NUR 337 Celebrating Life: The Process of Death, Dying and Grieving (2) – developed and taught for first time Spring 2001 at Jacksonville University.
Spring 2001 NUR 510 Nursing Leadership and Management (3) – assisted to develop and co-taught for first time Spring 2001.

UNIVERSITY GOVERNANCE

Jacksonville University

April 16, 2021	JU Charter Day volunteer, Feeding NE Florida
2021	JU Faculty Award for Excellence in Teaching Selection Committee, Member
2016- 2020	JU Tenure & Promotion committee, elected Member
April 2016 – 2018	Green Dot Advisory Board, member
Spring 2016	BRCHS Tenure & Promotion, committee, chair Assisted in developing criteria for BRCHS School of Applied Health Sciences
March 2016	JU annual Community Service Award committee Selection, chaired
2014-2015	JU Students & Campus Life Board of Trustees Committee
2014 fall; 2016-2018	JU Marshall for Matriculation Ceremony
2013-2014	JU CAO Search committee, member
2013-2015	Active Minds at JU, Advisor
2012-2015	JU Student Veterans of America Group, Co-advisor
2011-spring semester	JU Curriculum Committee, Member
2011	JU Faculty Award for Excellence in University Service Selection Committee, Member
2010-2011	JU Common Reading Committee, Member
2009 – **present**, except 4/2017	JU Marshall for Graduation ceremonies
2008-2010	JU Assessment Ad Hoc Committee, Member
2005-2006	JU Grievance Committee, Chair
2004-2005	JU Grievance Committee, Voted Member
2003 (fall)	Biology Faculty Search Committee
2003	JU Faculty Award for Excellence in Community Service Selection Committee, Member
2003	Scholarship Day, Interviewer
2001-2003	Student Life Committee, Member
2001, 2002	United Way Campaign Representative for the School of Nursing
2001-2002	"Engaged Learning" Committee, Participant
2000-2002	Undergraduate Research Council, Member
2002	Ad Hoc Faculty Handbook Revision Committee, Member

2001	Ad Hoc Child Care Committee, Member

Keigwin School of Nursing, Jacksonville University

Summer 2020 – present	KSON Search Committee, member
Fall 2020 – spring 2021	Faculty Development Committee, member
2017 – present	Holistic Nursing Initiative
2017 – 2019	KSON Rays (support committee), member
2017 – present	BRCHS Tenure & Promotion committee, member
2015 –spring 2017	BRCHS Tenure & Promotion committee, chair Assisted in developing T & P criteria for BRCHS School of Applied Health Sciences
Fall 2016 – 2017	KSON Graduate committee – member
2014-2016	JU SON Undergraduate Committee, member
2014, fall	JU SON Search Committee, Chair briefly
2012-2014	JU SON Cultural Competency Task Force, member
2012-2013	JU SON We Care Clinic Task Force, member
2012, fall	JU SON Electives ad hoc committee, member
2011-2012	JU SON Search Committee, member
2010-2012	JU SON Student Life Committee, Member
2010-2015	JU SON DNP ad hoc Committee, as needed Member
2009-2010	JU SON Tenure & Promotion Criteria ad hoc Committee, Chair
2009-2010	JU SON Search Committee, Chair
2009-2010	JU SON Strategic Planning Curriculum Committee, Member
2008-2014	JU SON Curriculum Committee, Member (2008-2011, 2013-present); Chair (2011-2013); Dissolved fall, 2014
2008-2015	JU SON ad hoc Tenure & Promotion Committee as needed, Member/Chair
2008-present	JU SON Students Offering Support (SOS) Group Facilitator
2008-2011	JU SON SNA Faculty Co-Advisor/Advisor
2005-2006	JU SON Curriculum Committee, Member
1999-2006	Faculty Development Committee, Chair (2000-2001, 2004-2005), Member (1999-2000, 2002-2003), Co-chair (2001-2002)
2002-2006	MSN Program Committee, Member
2005 (Spring)	JU SON Pre-tenure Committee, Chair
2004 (Fall)	JU SON ad hoc Grievance Committee, Member
2004-2006	JU SON Faculty Search Committee, Chair
2003 (Fall)	JU SON ad hoc CCNE (Commission on Collegiate Nursing Education) Accreditation Committee, Member
2003	Faculty Search Committee, Member

2002-2006	JU SON Student Support Group, Started and facilitated the group
2000-2004	Admissions, Retention, and Progression Committee, Chair (2001-2004), Member (2000-2001)
2001-2002	Ad Hoc School of Nursing N-CLEX Board Review Committee, Member
2001-2002	Ad Hoc RN-BSN & MSN Curriculum Committee, Member
2002-2003	Selection Committee for the Cherry Scholarship Award, Member
1999-2001	JU SON Graduate School Task Force, Member

Barry University

2007	Wilkowski Fellowship Review Committee, volunteered to serve

School of Nursing, Barry University

2007-2008	BU SON CQI Committee, Chair
2007-present	BU SON Leadership Course Task Force, member
2007 (Summer/Fall)	BU SON Portfolio Task Force, Chair
2007-2008	BU SON Dean's Advisory Council, member
2006-2007	BU SON CQI Committee, Member
2006 (Fall)	BU SON EBI Task force (ad hoc committee), Member

PROFESSIONAL SERVICE

Service to Professional Societies

2017 – present	AHNA (American Holistic Nurse's Association), member
2015-2016	APNA (American Psychiatric Nurse's Association), Served on the APNA state conference education planning board 2015-16 and hosted the annual state conference at JU 4/2/16;
2014 – present	North Florida Psych APN (Advanced Practice Nurse) Council, Member
2010-2012	Northeast Florida Psych Networking Group, Leader in forming this local group to encourage more participation in the state APNA group.
2006 – 2010	South Florida Chapter of ADEC (Association of Death, Education & Counseling), member 2006-2010
2006 – 2008	Sigma Theta Tau, Lambda Chi, member
2005 – present	Florida Chapter of APNA (American Psychiatric Nurses Association), member since 2005, elected Member at Large for SE Region 1/2007 to 7/2012.

2005 – 2009	Northeast Florida Chapter of ADEC, Leader in forming this local Chapter of ADEC. First major program 11/04/05. Served in consultant role 2006-2009.
1993 – 2020	ADEC, Member
2001 – 2009	Florida Nurses Association, District 2, Member
2002	Florida Nurses Association Nomination Committee for Great 100 Nurse, Member

Service to the Community

June 2019 – present	Seminole Canoe & Kayak Club, board member. Do community service projects (clean-up), while enjoying the time on the water.
Jan. 18, 2017	Zoo service project through JU – day long project shoveling dirt & getting up close and personal with animals at the Jacksonville Zoo.
2016 – 2020	Served as Big Sister to adolescent in the Big Brothers/Big Sisters Program, she graduated May, 2020, Jacksonville, FL
Fall 2012-2016	Serve on the Family Advisory Board for FLYSP (Florida Youth Suicide Prevention) project through Daniel Memorial Center, Jacksonville, FL
Sept. 2012 - 2020	Hubbard House (Domestic Violence Shelter) volunteer. Facilitate weekly Women's Support Group and service on their Community Action Team.
Sum 2011-2013	Volunteer for Jacksonville Zoo in Horticultural Department and with special happenings, Jacksonville, FL
Oct. 2010-2017	Volunteer with Mika (Australian Shepherd) for Pet Therapy at a local nursing home until Mika's death 2017, Jacksonville, FL
June 2009-2011	Volunteer Peer Counselor for Emergency Pregnancy Services (EPS), Jacksonville, FL
Sept. 25, 2010	Florida Heart Walk for the American Heart Association – put together a team & walked raising over $700, Jacksonville, FL
Sept. 26, 2009	Participated in Florida Heart Walk for the American Heart Association, Jacksonville, FL
Feb. 15, 2008/ Feb. 16, 2007	Served as a judge for the Broward County Science Fair (Medicine & Health for Middle School), Fort Lauderdale, Florida
April 2007	MS150 Ride for Life – rode 150 bike ride April 21-22, 2007 to raise money for Multiple Sclerosis (MS).
March, 2006	MS150 Ride for life – rode the 150 miles to raise money and awareness for MS
2003-2005	River Region Human Services, Inc. Selected to serve on the Board of Directors
2002-2006	American Red Cross Mental Health Volunteer (Disaster drills, Support Group, Crisis Intervention Team)
2002-2006	Hospice Volunteer-serve approx. twice a year as cabin leader for Camp Healing Powers, a weekend retreat for children who have had a loved one to die 2002-present
2002-2004	Alzheimer's Organization Memory Walk 2002, 2003, 2004 participant

2001-2006	Hubbard House (Domestic Violence Shelter) volunteer. Facilitate/Co-facilitate weekly Women's Support Group. Coordinate the Purple ribbon awareness project with students at Jacksonville University.
2001-2006	I.M. Sulzbacher Center Volunteer through church to serve dinner to the homeless
2001	Volunteer through Cursillo Church Group to cook & serve dinner for Camp Promise residents
1998-2002	Chaired the 2000 Black and White Catholic Charities Ball Committee (raised over $100,000 to help prevent helplessness). Other years served on the Black and White Catholic Charities Ball Committee to prevent homelessness.
1997-2001	Harbor House (Community home for persons with mental and physical disabilities) Volunteer
2000	River Run, Volunteer for Hammerhead Racing Team
2000	Volunteer for Women in Sports & Let Us Play Foundation
1996-1997	Merit Badge Counselor for several badges dealing with life changes and relationships for Junior Girl Scout Troop 188
1993-present	Provide educational programs for community agencies and church groups upon request.

Presentations

"Stress Reduction: Caring for Yourself" (.5), presented for Jacksonville University EAC, Virtual, Jacksonville, FL, February 18, 2021

"*Stress Reduction: Caring for Self.*" (1) presentation for St. Paul's By-the-Sea Episcopal church, Jacksonville Beach, FL. I was asked to present by Jeane Richards who belongs to this church. December 4, 2018

"Helping & Healing through Grief & Loss in Everyday Life (1.5), presented for Church of Our Savior (Episcopal Church), Jacksonville, FL. I was referred by a colleague, Karen McNeely, PMHNP through our NEFL PMHNP group. November 1, 2018

"Mindfulness Moments for Stress Reduction" (1) presentation for JU Center for Teaching & Learning, Jacksonville, FL, October 5, 2017

"Mindfulness Moments for Stress Reduction" (1) presentation for JU Center for Teaching & Learning, Jacksonville, FL, March 8, 2017

"Mindfulness Moments for Stress Reduction" (1) presentation for JU New Faculty Seminar , Jacksonville, FL, August 23, 2016

"Role of Grief Work in Facilitating Recovery from Mental Illness" (1) presentation for APNA Florida Chapter Spring Conference 2016, Jacksonville University, Jacksonville, FL, April 2, 2016

"Mindfulness" (1) presentation for APNA Florida Chapter Spring Conference 2015, Palm Beach Atlantic University, West Palm, FL, March 21, 2015

"Recognizing Student Behaviors" (1) presentation for JU SON faculty through Center for Teaching & Learning, JU, September 24, 2014

"Conducting Clinical Interviews with Children" (1.45) presentation on Meeting the Social-Emotional Needs of Students for North East Florida Association of School Psychologists training day, Jacksonville, FL, March 20, 2013

"Distressed vs. Disturbed: The Mental Challenges of College Students" (1) presentation for JU SON faculty, JU, February 11, 2013.

"Distressed vs. Disturbed: The Mental Challenges of College Students" presentation for JU New Faculty Orientation, JU, August 21, 2012

"Taking Care of Yourself" presentation at APNA Florida Chapter state conference, Jacksonville, FL, March 9, 2012

"Depression in the Face of Grief" podium presentation at ADEC 32nd Annual Conference Making Connections: Dying, Death & Bereavement in the Local Community, Miami, FL June 25, 2011.

"Depression in the Face of Grief" presented at APNA State Conference, Orlando, FL, March 20, 2010

"Arts in Alzheimer's Care: Promoting Well-being in Person with Late-stage Alzheimer's Disease" podium presentation at Sigma Theta Tau – Lambda Chi Chapter's Annual Research Conference "Demystifying Research: From Classroom to Practice, Miami Shores, FL, March 31, 2010 by joint authors Sandra M. Walsh, PhD, RN; Ann R. Lamet, PhD, ARNP; Carolyn L. Lindgren, PhD, RN; Pam Rillstone, PhD, ARNP, BC, CT; Daniel J. Little, PhD, ARNP; Christine M. Steffey, MSN, ARNP, BC, CT; Sharon Y. Rafalko, MS, RN; Rosanne Sonshine, BSN, RN

"Arts in Alzheimer's Care" poster presentation at American Academy of Nursing 36th Annual Meeting, in Atlanta, November 5-7, 2009 by joint authors Sandra M. Walsh, PhD, RN; Ann R. Lamet, PhD, ARNP; Carolyn L. Lindgren, PhD, RN; Pam Rillstone, PhD, ARNP, BC, CT; Daniel J. Little, PhD, ARNP; Christine M. Steffey, MSN, ARNP, BC, CT; Sharon Y. Rafalko, MS, RN; Rosanne Sonshine, BSN, RN

"A Life Giving Memorial" accepted to be presented at ADEC's 31st Annual Conference to be held April 15-18, 2009 Hyatt Regency in Dallas, Texas. (Unable to attend).

"Creating Unique Memorials" presented at ADEC 30th Annual Conference. Global Mourning – Death Among and Beyond Ourselves, Montreal, Quebec, Canada, May 1, 2008

"Healing Presence" for Florida APNA (American Psychiatric Nurses Association), Hollywood, FL, April 14, 2007

"Grief in the Chronic Population" presented at Baptist Hospital, Miami, FL for Gene Majka's NUR 481 Course, March, 29, 2007

"Grief & Loss in the Well Elderly" for Ann Lamet's NUR 491 Nursing Care of the Older Adult January 22, 2007

"Healing & Helping Through Grief & Loss in Everyday Life" for Florida APNA, Hollywood, FL , December, 2006

"Healing & Helping Through Loss" for the newly forming Northeast Florida Chapter of ADEC (Association of Death, Education & Counseling), Jacksonville, FL, June, 2006

"Crisis Debriefing" (Crisis – one of our faculty members had a baby to die in utero three days before her due date) for the Nursing students at Jacksonville University, Jacksonville, FL, Fall, 2005

"Crisis Debriefing" (Crisis – one of our faculty members had a baby to die in utero three days before her due date) for the Nursing faculty and staff at Jacksonville University, Jacksonville, FL, Fall, 2005

"Crisis Intervention" for the staff at Daniel Memorial, Jacksonville, FL, 2004

"Healing through Perinatal Loss: A Guide for Crisis Center Counselors" a four hour course for Emergency Pregnancy Services, Jacksonville, FL, Summer 2003

"Grief and Loss" for the Parrish Nurse Program at St. Vincent's Medical Center, Jacksonville, FL, 2002 and 2001

"How to Deal with Psychiatric Patients" at Baptist Medical Center for Chaplain Services Internship Program, Jacksonville, FL, 2001

"Crisis Intervention" for the Parrish Nurse Program at St. Vincent's Medical Center, Jacksonville, FL, 2001

"Crisis Intervention" (including a debriefing) at Jacksonville University for the JU School of Nursing Faculty, Jacksonville, FL, 2001

"Introducing Unexpected Outcomes Into the Childbirth Education Classroom" for the Childbirth Education Assoc., Jacksonville, FL, 2000

"Supporting Others Through Difficult Times" at Jacksonville University School of Nursing, Jacksonville, FL, 2000

"Assisting Families Through Perinatal Grief" for the Healthy Start Coalition, Jacksonville, FL, 2000

"Crisis at Birth: How Can I Help?" through the March of Dimes at NAS Jacksonville Hospital, Jacksonville, FL, 1999

"Supporting Families Through Difficult Pregnancies" for Dr. Garcia's Office Staff, Jacksonville, FL, 1999

"Change & Problem Solving" as Guest Lecturer in Leadership Course, Jacksonville University, Jacksonville, FL, 1999

"Healing Through Loss" for the Parish Nurse Ministry Program at San Jose Church of Christ, Jacksonville, FL, 1998 and Emanuel Missionary Church, Jacksonville, FL, 1998

"The Death of a Baby: How Can I Help?" for the Parish Nurse Ministry at San Jose Catholic Church, Jacksonville, FL, 1998

"The Death of a Baby: How Can I Help?" at the OB/GYN & All That Jazz Conference by Baptist Medical Center, Jacksonville, FL, 1997

"Ethical Dilemmas" for the Critical Care Course at Baptist Medical Center, Jacksonville, FL, 1997

"Group Dynamics and Relationships" for Baptist Medical Center, Jacksonville, Florida, 1997

"Windows: Healing & Helping Through Loss" (Co-taught this 12 hour course with Janette Edwards, LCSW), for Baptist Medical Center, Jacksonville, Florida, twice in 1994, and once in 1995 and 1996

"RTS Bereavement Training Course" (Coordinated & Co-taught this 24 hour course) for the Perinatal Bereavement Resource Network of Jacksonville, Jacksonville, Florida, 1992, 1993, 1994, 1996, and 1997

"Assisting Families Through Perinatal Grief" for Florida Community College of Jacksonville students, Jacksonville, FL, 1997, for Nassau Hospital, Fernandina Beach, FL, 1996, and for BMC, Jacksonville, FL, 1995

"Bowen's Family System" for Baptist Medical Center staff nurses, Jacksonville, FL, 1996

"Helping & Healing Through Loss" for Pavilion Home Health-Beaches, Jacksonville Beach, FL1996, for Pavilion Home Health-Baptist Medical Center, Jacksonville, FL, 1996, and Pavilion Medical Equipment, Jacksonville, FL, 1995

"Chronic Illness: The Mind/Body Connection" for the Tri-County Counseling Association Conference, Welaka, FL, 1996

"Dealing With Grief & Loss" for Jacksonville University Nursing students, Jacksonville, FL, 1996

"Psychological Assessment & Family Dynamics" for Baptist Medical Center, Jacksonville, FL, 1995 and 1996

"Healing Through Loss" (Co-taught with Janette Edwards, LCSW) for the Contemporary Issues for the 90's Conference Baptist/ St. Vincent's Health System, Jacksonville, FL, 1995

"When Fertility Seems Impossible" (Co-taught with Dr. P. Blohm), for Baptist Medical Center, Jacksonville, FL, 1995

"Psychological Aspects of Infertility" for University of North Florida Nursing students, Jacksonville, FL, 1995

"Development of a Crisis Intervention Team" for the Pediatric Nursing Conference, Baptist Medical Center, Jacksonville, FL, 1995

"Death & Dying & the Grieving Process" for the Veteran's Affairs Outpatient Center, Jacksonville, FL, 1994

"A Child's Grief" for When A Baby Dies Conference, Jacksonville, FL, 1994

"Introducing Unexpected Outcomes Into the Childbirth Education Classroom" for the Childbirth Education Association, Jacksonville, FL, 1994, 1993, and 1992

"Tis the Season to be Jolly" for Baptist Medical Center, Jacksonville, FL, 1993

"Grief… A Family Affair" for the 9th Annual Controversies in OB/GYN & All That Jazz, Jacksonville, FL, 1992

"Not All Babies Live" for the International Childbirth Education Association International Convention, Orlando, FL, 1992

"Stabilizing the High Risk Mother" at the Baptist Medical Center Obstetrical Training Course, Jacksonville, FL, 1992

"Grieving & Caring" for the Children's Crisis Center, Jacksonville, FL, 1992

"Hemorrhagic Disorders: Managing an Obstetric Emergency" at the Issues in Perinatal Care Conference in Daytona Beach, FL, 1991

Presentations at Community Programs

"Stress Reduction: Caring for Yourself" (1) for St. Paul's by the Sea Episcopal Church, Jacksonville Beach, FL, December 4, 2018.

"Helping & Healing Through Grief & Loss in Everyday Life" (1.5) presentation for Church of Our Savior – Episcopal, Jacksonville, FL, November 1, 2018.

"*Mindfulness*" (1.5) presentation for Arlington Community Academy Teachers, Jacksonville, FL August 2017

"*Self-esteem*" for Florida Community College of Jacksonville, ILAB-Visually Impaired Program, Jacksonville, FL, November 4, 2011.

"Crisis Briefing" for Jasper, FL Volunteer Fire Department. Assisted Lynnette Kennison in this endeavor following two fire related deaths and the untimely natural death of one of their own which came around the same time. July 7, 2011

"Healing & Helping Through Grief & Loss in Everyday Life" for the Deacons of Jacksonville Presbyterian Church, Jacksonville, FL, September 2010

"Euthanasia" appeared as part of a panel on i-TV Barry University campus production to air on South Florida TV, Topic was taped April 2007

"Hospice Care and Grief" appeared as part of a panel on i-TV Barry University campus production to air on South Florida TV, Topic was taped February 2007

"Self-esteem" for Florida Community College of Jacksonville, ILAB-Visually Impaired Program, Jacksonville, FL, 2000 & 2004.

"Domestic Violence Awareness" for Cadette Girl Scout Troup, Jacksonville, FL, 2003

"Dealing with Grief and Loss" for health students at A. Phillip Randolph High School Health students, Jacksonville, FL. This topic was presented twice during 2003.

"The Effects of Drugs" for students at A. Phillip Randolph High School students, Jacksonville, FL, 2003

"Stop Smoking Course" (co-taught this three week program with Lynnette Kennison) for the Florida Times-Union employees, Jacksonville, FL, 2003

"Staying Healthy after the Holidays" at Widows & Widowers Organization of NE Florida, Jacksonville, FL, 2002

"Suicide Prevention" at Jacksonville University for the Citywide NROTC Units, Jacksonville, FL, 2001

"Tips for Coping with the Holidays" at Mandarin Methodist Church for the Infertility Support Group, Jacksonville, FL, 2001

"Grief and Loss" for Florida Community College of Jacksonville, ILAB-Visually Impaired Program, Jacksonville, FL, 2001

"Nutrition Seminar" for the Jacksonville University Crew Team, Jacksonville, FL. Repeated this 2 hour presentation once in 2001 and twice in 2000.

"Helping Patients and Their Families when Faced with a Terminal Illness" for the Volunteer Program at the Jewish Temple, Jacksonville, FL, 1998

"Dealing with Life Threatening Issues" for the CHF Clinic at Baptist Medical Center, Jacksonville, FL. This presentation was repeated three times in 1997.

"Living With Change" for Palm Gardens Nursing Home, Jacksonville, FL, 1996, for Southside Baptist Church, Jacksonville, FL, 1996, and Church of the Redeemer, Jacksonville, FL, 1996

"Coping With Chronic Illness" for the Ostomy Club, Jacksonville, FL, 1996

"Stress Management/Time Management" for the Center for Independent Living, Jacksonville, FL, 1996

"Coping with Crisis" for the Church of the Nazarene, Jacksonville, FL, 1995

"Grieving & The Immune System" (Part of Panel Presentation) for Compassionate Friends Chapter, Jacksonville, FL, 1994

CONSULTANT ACTIVITIES

Community Consultant – available to Community Groups, organizations, colleagues, etc. to discuss with or talk on Grief & Loss topics.

Dec. 17, 2012, Was a guest on Jacksonville's local NPR radio Station to discuss how our community could assist children and adults affected by the Sandy Hook Elementary School shooting in Connecticut.

March 2012, Assisted JU Counseling Services at Episcopal School following crisis in murder/suicide shooting death of their principal Dale Regan by teacher, Shane Schumerth.

Programs Attended

June 10-12, 2021, *American Holistic Nurses Association (AHNA) 40th annual conference,* scheduled to attend virtually, AHNA.

March 26, 2021, *Curriculum Development in Nursing* (1), Jacksonville University School of Nursing, Jacksonville, FL

August 7, 2020, *The Opioid Crisis: A Hiking of the Brain* webinar (2)

July 21, 2020, *Stress and Self Care for Nurses in the time of COVID-19* webinar (1), Elite Professional Education, LLC.

July 15, 2020, *Holistic Considerations for Psychiatric Nursing Practice* (2), Jacksonville University School of Nursing via Zoom, Jacksonville, FL

June 25, 2020, *A Nurses' Palette of Grief: Effects of COVID-19* webinar (1), Elite Professional Education, LLC.

June 23, 2020, *Self-Reflective Function, Attachment Security, and the Transmission of Intergenerational Trauma* webinar (2), Wekiva Springs Center.

May 28, 2020, *Healthcare Humor: Take Time to Laugh* webinar (1), Elite Professional Education, LLC.

May 21, 2020, *Debrief/Standards, Models, & Best Practices in Virtual Simulation* online seminar (1), Customer Success Team.

May 21, 2020, *Holistic Seminar* (1) via Zoom, AHNA

January 29, 2020, *Mass Shooters and Murderers: Motives and Paths* (15), NetCE Continuing Education.

January 29, 2020, *Recognizing and Reporting Human Trafficking in Florida* (2), NetCE Continuing Education.

January 29, 2020, *Domestic Violence* (2), NetCE Continuing Education.

January 29, 2020, *Strategies for Appropriate Opioid Prescribing* (3), NetCE Continuing Education.

December 13, 2019, *Psychopharmacology: A Crash Course for Advanced Practice Providers* (4) presented by Bethanie Becil, Jacksonville University, Jacksonville, FL

October 16, 2019, *From Burnout to Wellness* (1.5), Jacksonville University, Jacksonville, FL

April 13, 2019, *Psychiatric Mental Health Nurses: Mitigating Mental Health Risks & Inequities* (6), American Psychiatric Nurses Association (APNA)

March 1, 2019, QSEN conference (6) at JU – manned a table on Mindfulness before, during breaks & lunch, Jacksonville, FL

November 2, 2018, *Living our Ethics: Civility & Self Care* (ANA) (4), sponsored by Mayo, Jacksonville, FL

October 24, 2018, *Finding Resilience* (1.5) with Trisha Meili presenting at Jacksonville University, Jacksonville, FL

September 27-28, 2018, *Mindfulness Certificate Course: 2-Day Intensive Training* (12.5), hosted by PESI, Jacksonville, FL

July 16, 2018, *Why Aren't You Crying? Understanding Grieving Styles* (1.5), Webinar hosted by TAPS Institute for Hope & Healing.

June 7-10, 2018, *American Holistic Nurses Association (AHNA) 38th Annual Conference: Holistic Nursing: Creating and Expanding Global Presence* (20.5 hrs.), Niagara Falls, NY

April 14, 2018, *APNA Florida Chapter Spring Conference: The Role of Psychiatric Nursing in Response to Crisis* (6) presented by American Psychiatric Nurses Association Florida Chapter, Coral Gables, FL

April 13, 2018, *Psychological First Aid: Helping Others in Times of Stress* (4) presented by American Red Cross at APNA Florida Chapter spring conference, Coral Gables, FL

November 16, 2017, *For Patients' Sake, Advocate: Confronting the Drug Epidemic* (3) Caring for the Wounded Warrior. Jacksonville University, Jacksonville, FL

November 3, 2017, *Augusta, GA regional conference - Holistic self-care: Your secret power for enhancing patient care.* (6) presented by American Holistic Nurses Association, Augusta, GA

October 25, 2017, *Knowing What to Eat, Refusing to Swallow it* (1.5) Distinguished lecture series presentation. presented by JU BRCHS, Jacksonville, FL

June 28, 2017, *Long-Term Care Conference 2017: Supporting the Health Care Team* (6 hrs.), presented by Northeast Florida Community Hospice, Jacksonville, FL

June 15, 2017, *When Grief is Complicated* (2.5 hrs.), presented by Hospice Foundation of American at Northeast Florida Community Hospice, Jacksonville, FL

June 6-10, 2017, *American Holistic Nurses Association (AHNA) 37th Annual Conference: 21st Century Holistic Nursing: Reshaping Health & Wellness* (21.5 hrs.), Rancho Mirage, CA

May 23, 2017, *The Power of Essential Oils to Enhance Patient Care* (1), Webinar hosted by American Holistic Nurses Association (AHNA)

May 11, 2017, *The Coaching and Teambuilding Skills Seminar* (6 hrs.), presented by SkillPath, Jacksonville, FL

May 5, 2016, *Race, Ethnicity, Spirituality, Psychology: Implications for Military and Veterans and their Families* (1), Jacksonville University, Jacksonville, FL

April 19, 2017, *The Pleasure & Power of Aromatherapy for Self-Care* (1), Webinar hosted by American Holistic Nurses Association (AHNA)

April 16, 2017, *Moral Injury* (1.5), Jacksonville University Brooks Rehabilitation College of Healthcare Sciences, Jacksonville, FL

October 14, 2016, *New Directions in Exposure Therapy for OCD: Inhibitory Learning and Act* (5.5) Jacksonville, FL

June 29, 2016, *Managing Conflict/Finding Meaning – Supporting Families at Life's End* (2.5 hrs.), presented by Hospice Foundation of American at Northeast Florida Community Hospice, Jacksonville, FL

April 23, 2016, *N1485 Florida Nursing Law* (2), Webinar hosted by Western Schools

April 23, 2016, *N1582 Protecting Patient Safety: Preventing Medical Errors* (2), Webinar hosted by Western Schools

April 23, 2016, N1500 *Intimate Partner Violence: A Domestic Violence Concern* (2), Webinar hosted by Western Schools

April 13-16, 2016, *Association of Death Education and Counseling (ADEC); 38th Annual Conference,* (22 hrs.) presented by ADEC, Minneapolis, MN

April 2, 2016, *2016 Transformations in Psychiatric Mental Health Nursing (Includes Florida required 2 hour course: Recognizing Impairment in the Workplace),* (6 hrs.) presented by American Psychiatric Nurses Association Florida Chapter, Jacksonville, FL

March 31-April 1, 2016, *2016 Psychopharmacology,* (12.6 hrs.) presented by S. M. Freeman Clevenger through PESI, Inc., Jacksonville, FL

October 28-31, 2015, *APNA 29th Annual Conference Collaborting in an Evolving Health Care System: Opportunities to Advance Psychiatric-Mental Health Nursing,* (17) presented by American Psychiatric Nurses Association, Lake Buena Vista, FL

?????, 2015, *Evidence-based Research: Putting Research into Practice A Panel Presentation,* (1.5) presented by Jacksonville University Brooks Rehabilitation College Healthcare Sciences School of Nursing, Jacksonville, FL

June 25, 2015, *The Longest Loss: Alzheimer's Disease and Dementia,* (3) presented by Hospice Foundation of America at Northeast Florida Community Hospice, Jacksonville, FL

June 12, 2015, *Medical Trials: Advancing Medicine One Study at a Time,* (2) presented by River Point Behavioral Health, Jacksonville, FL

April 28, 2015, *Spring Education Conference: Creating Quality Moments Together,* (6) presented by Northeast Florida Community Hospice, Jacksonville, FL

March 21, 2015, *Changes and Challenges in Psychiatric–Mental Health Nursing,* (5) presented by American Psychiatric Nurses Association Florida Chapter, West Palm Beach, FL

February 12, 2015, *Flipped Learning Classroom – What is it all about?* (1) presented by JU School of Nursing, Jacksonville, FL

October 26, 2014, *Workplace Harassment Prevention 110,* (1.5) On-line training program presented by United Education partnered with JU.

October 22-25, 2014, *APNA 28th Annual Conference,* (16), Indianapolis, IN

October 23, 2014, *A case-based approach to improve long-term outcomes in schizophrenia across the life-span,* (1.5) at APNA Annual Conference, Indianapolis, IN

October 1, 2014, *Sexual Violence Symposium,* (5) presented by the Sexual Assault Advisory Council & the Sexual Assault Interagency Council, Jacksonville, FL

September 26, 2014, *Moving Beyond the Wheel: Advocacy & Support for LGBTQ Survivors of Domestic Violence, (1.5)* Webinar hosted by Battered Women's Justice Project with speaker Kristin Tucker

May 14, 2014, *Grieving as We Work, (1)* presented by Northeast Florida Hospice and Palliative Nurses Association, Jacksonville, FL

April 22-23, 2014, *ADEC 36th Annual Conference Specialty Workshops, (13)* Baltimore, MD

March 31, 2014, *Teaching Cultural Assessment, (1)* presented by Jacksonville University School of Nursing, Jacksonville, FL

March 27, 2014, *Can You Hear Me? Connecting the Dots and Building Collaboration to Support People with Disabilities Who Experience Sexual Violence, (1)* Webinar presented by ARC

March 13, 2014, *LTC Emerald Celebration and Conference, (6)* presented by NE Florida Community Hospice, Jacksonville, FL

March 7, 2014, *What's "News" in Psychiatric Mental Health Nursing, (5.5)* presented by American Psychiatric Nurses Association Florida Chapter, Orlando, FL

March 4, 2014, *Prevention of Medical Errors – 2014, (2)* on-line computer class presented by NURSE411.com.

February 13, 2014, *Not My Life: Human Trafficking*, (2) presented by Jacksonville University, Jacksonville, FL

November 5, 2013, *Sexual Violence Symposium (7)* presented by Sexual Assault Advisory Council and the Sexual Assault Interagency Council, Jacksonville, FL

September 27, 2013, *Reducing Stress & Preventing Burnout: Restoring Balance in Your Life, (2)* Memorial Hospital, Jacksonville, FL

April 3, 2013, *When Soldiers Come Home: What Their College Professor Need to Know, (1)* Webinar hosted by AACN

February 28, 2013, *Cultural Competencies: Evidence-based Best Practices, (6)* Baptist health South Florida, Miami, FL hosted by Transcultural Nursing Society

November 29, 2012, *100 Years of Advocacy, (1)* BMC, Jacksonville, FL hosted by FNA.

November 9, 2012, *Improving Outcomes in Schizophrenia: Evolving Concepts and Emerging Approaches, (2)* at APNA Conference, Pittsburgh, PA

November 7-10, 2012, *APNA 26th Annual Conference, (16)* Pittsburgh, PA

October 24, 2012, *QPR Suicide Prevention Gatekeeper Program,* Hosted by Danielle, Jacksonville, FL

October 4, 2012, *To Care of Not to Care: Addressing the Decline of Empathy Among College Students, (1)* JU, Jacksonville, FL

September, 2012, *Core Competency Advocacy Training* (30) for Hubbard House, Inc. to work as a volunteer, Jacksonville, FL

June 7-8, 2012, *Matter of Life & Death Suicide Prevention Conference, (12)* Daytona Beach, FL

April 19, 2012, *HFA's National Living with Grief Program: End-of-Life Ethics, (3)* BMC, Jacksonville, FL

March 28-31, 2012, *ADEC 34th Annual Conference – Being a Healing Presence in a Hurting World*, (18.25) Atlanta, GA

March 9, 2012, *Who Cares*, (5) APNA FL Chapter State Conference, Jacksonville, FL.

October 24-25, 2011, *ELNEC: End-of-Life Nursing Education Consortium Conference,* St. Augustine, FL.

June 22-25, 2011, *ADEC 33rd Annual Conference – Making Connections: Dying, Death and Bereavement in the Global Community*, (18) Miami, FL

May 12, 2011, *NCLEX Regional Workshop for Educator, (4)* Florida Board of Nursing in conjunction with National Council of State Boards of Nursing, Orlando, FL.

March 31, 2011, *The DSM Exclusion Criterion Explained, Processed, and Problem-Solved, (1.5)* Webcast: Live broadcast presented by ADEC.

March 30, 2011, *Designing and Implementing a DNP Program: Practical Solutions to Practical Problems Part III: The Final DNP Scholarly Project: Putting the Pieces Together* (1) American Association of College of Nursing 2011 Webinar Series.

March 18, 2011, *Current Issues in Mental Health Nursing,* (5) APNA FL Chapter State Conference, Pembroke Pines, FL.

February 21, 2011, *Designing and Implementing a DNP Program: Practical Solutions to Practical Problems Part II: Frequently asked Questions Answered: Looking Ahead.* (1) American Association of College of Nursing 2011 Webinar Series.

February 8, 2011, *Designing and Implementing a DNP Program: Practical Solutions to Practical Problems Part I: Identifying Issues and Potential Problems: Lessons Learned.* (1) American Association of College of Nursing 2011 Webinar Series.

October 13-16, 2010, *APNA 24th Annual Conference, (16)* Louisville, KY.

October 14, 2010, *Exploring the Evidence: The Neurobiology of Bipolar Disorder,* Louisville, KY.

October 15, 2010, *Improving Adherence in Patients with Schizophrenia, (1)* Louisville, KY.

March 30, 2010, *Preventing Medical Errors*, (2) Gannett Education, On-line program.

March 20, 2010, *The Many Faces of Depression, (5)* APNA State Conference, Orlando, FL.

February 18, 2010, *Patient Simulation: Enhancing Nursing Education, (2)* Jacksonville University, Jacksonville, FL.

February 8, 2010, *Mentoring Graduate Students Through the Capstone Research Process, (1)* Jacksonville University, Jacksonville, FL.

June 19, 2009, *Issues and Controversies in the Diagnosis and Management of Bipolar Disorder: Challenges in Treating Bipolar Depression, (1)* Live broadcast presented by Massachusetts General Hospital Psychiatry Academy.

June 17, 2009, *Special Topics in Management of Major Depressive Disorder and Related Mood Disorders Webcast, (1)* Live broadcast presented by Massachusetts General Hospital Psychiatry Academy.

May 28-29, 2009 *Spirit of Caregiving (14)* Baptist Medical Center, Jacksonville, FL

April 25, 2009, *PTSD Across the Lifespan: Reactive Attachment Disorder, Military PTSD, Elder Abuse (6)* Orlando, FL

April 15-18, 2009, *Association for Death Education and Counseling: 31th Annual Conference- Living Beyond Loss: Mending Body, Mind and Spirit (18)* Dallas, Texas

January 29 & 30, 2009, *Bioterrorism: Mass Prophylaxis Preparedness and Planning (6)* Jacksonville, FL

January 2009, *Florida's Introduction to Strategic National Stockpile & Mass Dispensing Course, (1)* Office of Public Health Nursing, Jacksonville, FL

April 30-May 3, 2008, *Association for Death Education and Counseling: 30th Annual Conference (18.25)* Montreal, Quebec, Canada

December 15, 2007 *Updates on Effective Delivery of Psychiatric Care: Semester 2 Conference (6)* Miami Beach, FL

November 28, 2007 *Transcultural Aspects of Post-Traumatic Stress Disorder & Other Anxiety Disorders (1)* Live broadcast presented by Massachusetts General Hospital Psychiatry Academy.

September 19, 2007 *Violence at Work & School: What is the Role of Mental Illness? (1)* Live broadcast presented by Massachusetts General Hospital Psychiatry Academy.

May 11, 2007 *New Lessons in Grief: Widowed But Not a Widow (1.5)* presented by South Florida Association for Death Education and Counseling & Crossroads Counseling Center, Miami, FL

May 8, 2007 *Disaster Training (6)* presented by Barry University, North Miami, FL

April 12, 2007 *Meaning-Breaking, Meaning-Making: Grief Therapy as Narrative* (6) Reconstruction presented by Bob Neimeyer, PhD as a specialty workshop at the 29th Annual ADEC Conference: Transformation and Creativity in Dying, Death and Bereavement, Indianapolis, IN

April 14, 2007 *Creating Harmony Within (5)* presented by FL APNA (American Psychiatric Nurse's Association) Meeting and Chapter, Hollywood, FL

March 22, 2007 *Living with Grief Before and After the Death* presented by Hospice Foundation of America, 14th Annual Living With Grief Teleconference, Miami, FL

February 23, 2007 *Utilizing Tai Ci/Gong as a Vehicle to Facilitate the Grief Process* presented by South Florida Association for Death Education and Counseling & Crossroads Counseling Center, Miami, FL

December 9, 2006 *Comprehensive Mental Health Approaches: Semester 2 Conference (3.6)* Miami Beach, FL

December 12, 2006 FL APNA Meeting and Chapter Conference on *Exploring Clinical Issues Relevant to Psychiatric Nursing Practice* in Hollywood, FL (4.0 contact hours)

November 11, 2006 *Understanding Complicated Grief: Diagnosis, Impact, & Treatment* Webcast through Massachusetts General Hospital Psychiatry Academy (MGHPA) (1.2 contact hours)

November 8, *2006 Women's Mental Health: Peri- and Postmenopausal Mood and Associated Symptoms,* Webcast through MGHPA (1.2 contact hours)

October 25, 2006 *Domestic Violence – Breaking the Cycling* at Barry University (2.0 contact hours)

October 18, 2006 *First-Episode & Early Schizophrenia*, Webcast (MGHPA) (1.2 contact hours)

October 10, 2006 *New Freedom Initiatives in Mental Health Care*, Miami, FL (6 contact hours)

September 9, 2006 FL APNA (American Psychiatric Nurse's Association) Meeting and Chapter Conference on *Current Treatment Perspectives for Mental Health Providers* in Orlando, FL (6.0 contact hours)

September 6, 2006 Lambda Chi Chapter Meeting with Program on *Department of Health/Board of Nursing: Disciplinary Investigations & Reporting Requirement that Impact Nurses* (1.0 contact hours)

November 4, 2005 *Recent Advances in Medical Ethics as Related to End-of-life Issues* presented by ADEC/NE Florida at Community Hospice, Jacksonville, FL (1.5 contact hours)

June 15-17, 2005 *ELNEC-Graduate Training Program* presented by ELNEC (End-of-life Nursing Education Consortium) in Pasadena, CA (14.0 contact hours)

May 4, 2005 *Stevens Foundation Annual Conference on Aging* by Steven's Foundation at JU, Jacksonville, FL (6.0 contact hours)

April 20, 2005 *Ethical Dilemmas at the End of Life* presented by NE Florida Community Hospice, Jacksonville, FL (3.0 contact hours)

April 8, 2005 *How Symptoms Serve the Human System* presented by Growth Pointe, Jacksonville, FL (7.0 contact hours)

March 30 – April 3, 2005 *Rituals: Something Old, Something New, Something Borrowed, Something True* presented by ADEC, Albuquerque, NM (18.0 contact hours)

March 12, 2005 *Bipolar Disorder* presented by APNA, Jacksonville, FL (3.0 contact hours)

February 18, 2005 *Domestic Violence*, Nassau County Health Dept., Yulee, FL (1.0 contact hour)

February 18, 2005 *HIV/AIDS*, Nassau County Health Dept., Yulee, FL (1.0 contact hour)

February 18, 2005 *Preventing Medical Errors*, Nassau County Health Dept., Yulee, FL (1.0 contact hour)

February 11, 2005 *Managing End of Life Issues*, Community Hospice of NE Florida, Jacksonville, FL (1.0 contact hour)

February 4, 2005 *Recognizing ADHD Across the Lifespan: Adult & Adolescent Attention Deficit Disorder*, CNS (Clinical Neuroscience Solutions), Jacksonville, FL (2.7 contact hours)

January 27, 2005 *Physician Assisted Suicide*, University of North Florida, Jacksonville, FL (1.0 contact hour)

January 19, 2005 *Bioreadiness Training for Nurse,* The Center for Biological Defense, Jacksonville, FL (3.0 contact hours)

December 3, 2004 *Differentiating in the Process of Committed Relationships,* Growth Pointe, Jacksonville, FL (7.0 contact hours)

November 21, 2004 *Project EKG: Principles of Creative Leadership,* University of North Florida, Jacksonville, FL (4.0 contact hours)

November 19, 2005 *The Battered Woman's Syndrome,* CNS (Clinical Neuroscience Solutions), Jacksonville, FL (3.6 contact hours)

November 1, 2004 *Ethical Decisions at End of Life*, American Red Cross, Jacksonville, FL (1.0 contact hour)

October 2, 2004 *Emotional Cutoff in the Family*, Growth Pointe, Jacksonville, FL (7.0 contact hours)

May 5, 2004 *Stevens Foundation Annual Conference on Aging*, Jacksonville University, Jacksonville, FL (6.0 hours)

April 22-25, 2004 ADEC National Conference *Dying, Death & Bereavement: A Family Perspective*, ADEC, Pittsburgh, PA (18.0 contact hours)

March 23, 2004 *Creating a Culture of Patient Safety/Prevention of Medical Errors*, Baptist Medical Center, Jacksonville, FL (2.0 contact hours)

November 14, 2003 *Improving the Diagnosis and Pharmacological Treatment of Bipolar Disorders*, Academy for Health Care Education, (2.0 contact hours)
November 15-16, 2003 *CISM (Critical Incident Stress Management) Training: Suicide Prevention, Intervention, Post- vention*, CISM, Charleston, SC (16.8 contact hours)

November 6-7, 2003 *CISM Training: Individual Crisis*, CISM, Jacksonville, FL (14.0 contact hours)

November 6, 2003 *Emerging Advances in the Management of Bipolar Disorder*, Center for Health Care, Jacksonville, FL (2.0 contact hours)

October 24, 2003 *NCLEX Update*, Sylvia Rayfield & Assoc., Pensacola, FL (5.0 contact hours)

September 20, 2003 *The Role of Neurotransmitters in Shaping Depression*, Medical World Conference Glaxo, Jacksonville, FL (4.8 contact hours)

September 19, 2003 *Service Learning Workshop*, Jacksonville University, Jacksonville, FL (3.5 contact hours)

May 7, 2003 *Stevens Foundation Annual Conference on Aging*, Jacksonville University, Jacksonville, FL (6.0 contact hours)

May 5, 2003 *Advances in Bipolar Disorder*, Psych ARNP Group, Jacksonville, FL (1.0 contact hour)

April 30, 2003 *Living with Grief: Coping with Public Tragedy*, Community Hospice of Northeast Florida, Jacksonville, FL (3.0 contact hours)

April 21, 2003 *Zoloft for PTSD*, Psych ARNP Group, Jacksonville, FL (1.0 contact hour)

April 7, 2003 *Working with Difficult Victims*, American Red Cross, Jacksonville, FL (1.5 contact hours)

October 2, 2002 – May 3, 2003 *Project EKG (Education, Knowledge and Growth)*, University of Florida, Jacksonville, FL (50.0+ hours)

March 20-23, 2003 *Dying, Death & Bereavement The Circle of Life* 25th Annual Conference, ADEC, Cincinnati, OH (18.0 contact hours)

February 28, 2003 *HIV Update & Perinatal Transmission*, Jacksonville University, Jacksonville, FL (1.5 contact hours)