

# Lori-Ann Rose Helgeson OTD, OTR/L

(904)256-7838. Email: [lheges@ju.edu](mailto:lheges@ju.edu)

Florida Occupational Therapy License #4282

---

## Education:

2016 *Temple University Philadelphia, PA*

### Doctor of Occupational Therapy

Capstone research project was on occupational therapy's role in a postgraduate community-based vocational education program. Completed under the guidance of Dr. Elizabeth Pfeiffer.

2000 *University of North Florida Jacksonville, FL*

### Master's Degree in Special Education, Handicap Services

In collaboration with a faculty advisor, co-authored a chapter in a textbook about educating students who have had brain injuries.

1993 *Florida International University Miami, FL*

### B.S. in Occupational Therapy

Completed advanced elective in job modification.

---

## Honors and Awards:

2014 Golden Key Honor Society National Honor Society  
Temple University

2000 Pi Lambda Theta International Honor Society  
University of North Florida

1993 Phi Theta Epsilon National Honor Society  
Florida International University

---

## Experience:

03/01/2017- present *Jacksonville University Jacksonville, FL*

**Clinical Assistant Professor of Occupational Therapy, Academic Fieldwork Coordinator**

My primary responsibility is to develop the fieldwork level I and II courses and to secure fieldwork sites for the program. In addition, I have assisted in the development of three course syllabi and program development activities. In addition to these duties, I assisted with the initial accreditation process and was responsible for the fieldwork portion of the accreditation process.

**Courses currently lead instructor on:** OTD 590: Introduction to Occupational and Rehabilitative Science Theory. OTD 602: Professional Reasoning and Communication in OT. OTD 652: Neurorehabilitation and Disability Science Theory and Practice in OT.

*08/2013-02/28/2017*

*Duval County School System*

*Jacksonville, FL*

### **Practicing Occupational Therapist, District Mentor, and Evaluator**

I was one of Duval County Public Schools' Professional Development Facilitators, Occupational Therapist, and Evaluator. My job duties included mentoring new staff, completing evaluations for schools without assigned Occupational Therapists, and providing therapy services in a school setting. I worked autonomously with school personnel, students, and students' guardians to develop and implement treatment programs to ensure academic success. I have presented inservices about classroom modifications for sensory processing difficulties, adaptive equipment in the classroom, and the use of color overlays.

*08/2012- 06/2013*

*EBS*

*Jacksonville, FL*

### **Practicing Occupational Therapist**

I was responsible for evaluating students in a school setting, providing therapy services in a school setting, working autonomously with students, student guardians, and school personnel to ensure the academic success of students.

*07/2011 – 08/2012*

*Keiser University*

*Jacksonville, FL*

### **OTA Instructor/ Teaching and Learning Coordinator**

As an OTA Instructor at Keiser University, I was responsible for mentoring and guiding students in the OTA program, and continuously developing and keeping the information I provided to the students in multiple classes the most current researched based information. The classes I instructed students in are listed below.

OTH 1007 Introduction to Occupational Therapy

OTH 1014 Kinesiology for Occupational Therapy Assistants

OTH 1203 Human Occupational and Development Across the Life Span

OTH 2420 Occupational Therapy for the Physically Disabled- Assessment and Treatment Strategies

OTH 1432 Neurological Disorders- Assessment and Treatment Strategies

OTH 2300 Psychiatric Disorders- Assessment and Treatment Strategies

OTH 2022 Group Dynamics

OTH 2121 Therapeutic Media

OTH 2520 Pediatric Occupational Therapy

NBCOT Exam Preparation

*09/2010 – 07/2011*

*Keiser University*

*Jacksonville, FL*

**OTA Academic Fieldwork Coordinator**

As the Academic Fieldwork Coordinator, I was responsible for procuring and maintaining fieldwork sites (traditional and non-traditional), placing and supporting students and fieldwork educators at those sites, and assisting students with registering for the NBCOT exam and state licensing. In addition to my duty as the Academic Fieldwork Coordinator, I was also a full-time instructor in the OTA program.

*12/2006 – 09/2010*

*Brooks Rehabilitation Hospital Jacksonville, FL*

**Practicing Occupational Therapist, Occupational Therapy Practice Resource, OT coordinator**

At this company, I was responsible for the evaluation and treatment of adult and pediatric patients with brain injuries. I regularly provided patient and family education in preparation for a safe and functional return to the home and community environments. As Practice Resource, I was responsible for keeping the occupational therapy staff up to date on current practices, laws and regulations, and research in the field of occupational therapy. In addition, I mentored staff in my specialty area and managed the placement of occupational therapy students at the facility.

*06/2005 – 12/2006*

*Brooks Health Systems Jacksonville, FL*

**Outpatient Occupational Therapist**

As the primary occupational therapist in the outpatient facility, I worked autonomously to evaluate and treat patients with a variety of disorders and injuries.

12/1993 – 06/2005

*Brooks Rehabilitation Hospital Jacksonville, FL*

### **Inpatient Occupational Therapist**

As the primary Pediatric Occupational Therapist in the inpatient rehabilitation facility, I was responsible for acquiring admission assessment of developmental levels and functional abilities of patients, developing patient care plans, implementing therapeutic treatments, discharge planning, and participation in interdisciplinary patient care conferences. In addition to these duties, I was also responsible for providing patient and family education.

---

### **Professional Activities**

#### **President**

July 2020- Present

Jacksonville Occupational Therapy Forum

#### **FLOTEC**

October 2019 - Present

Co-presented the Fieldwork Educator Certification Workshop multiple times.

#### **AOTA 2019 Annual Conference**

2019

Presented profession poster: Occupational therapy services in a community-based vocational education program.

#### **Committee Chair**

May 2020- Present

Doctor of Occupational Therapy Marketing Committee  
Jacksonville University

#### **Committee Chair**

January 2018-Dec. 2019

Distinguished Lecturer Committee  
Jacksonville University

#### **Committee Chair**

March 2018

Occupational Therapy Program Assistant Search  
Jacksonville University

<b>Volunteer</b> AOTA Annual Conference- Salt Lake City	April 2018
<b>Committee Member</b> Occupational Therapy Program Faculty Search  Jacksonville University	December 2017-2018
<b>Vice President</b>  Jacksonville Occupational Therapy Forum	July 2017-July 2020
<b>Presenter</b>  Jacksonville Occupational Therapy Forum Light Hypersensitivity and Its impact on Cognition, Visual Perception, and Behaviors	July 2017
<b>Presenter</b>  Co-presented on positioning children with special needs when feeding.	July 2017
<b>Committee member</b>  Distinguished Lecturer Committee Jacksonville University	July 2017-Current
<b>Committee Member</b> Kinesiology Faculty Search Committee Jacksonville University	June 2017
<b>AJOT reviewer</b>  American Occupational Therapy Association	2016-Present
<b>AOTA member</b>  American Occupational Therapy Association	2006- Present
<b>FOTA member</b>  Florida Occupational Therapy Association	2007- 2012, 2016-Present

**BSCIP of Florida Committee Member**

2004- 2006

Brain and Spinal Cord Injury Program  
Member of the Education Committee.  
Prior member of the Pediatric Committee.

**JOTNET Officer**

2001-2003

Local organization of Occupational Therapists devoted to promoting Occupational Therapy in the community. Assisted with a walk-a-thon to promote Occupational Therapy and raise money to pay for durable medical equipment for some individuals. Organized continuing education courses, completed treasurer and secretarial duties, and presented education courses to other Occupational Therapists.

**Think First Instructor**

1995- 2010

Responsible for the education of local school children on the prevention of head and spinal cord injuries.

**Professional Development**

Attended career development courses on neurodevelopmental treatments, aquatic therapy, sensory integration, PNF, hand and shoulder therapy, assistive technology, Strain and Counter strain, fieldwork educators' workshop, and modalities.

---