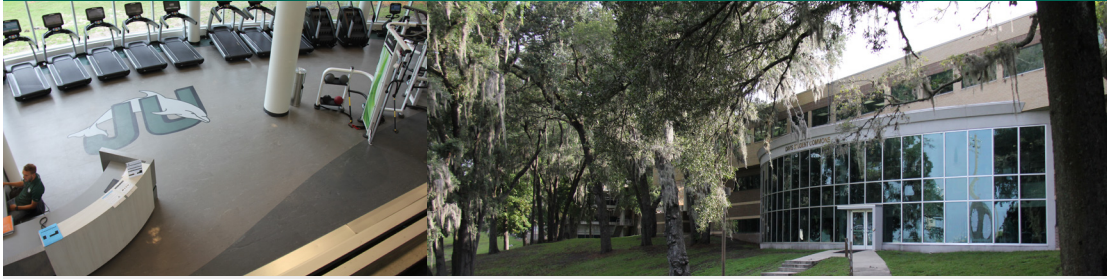


# NIMNIGHT FITNESS CENTER POLICIES



The Nimnicht Fitness Center is located in the Davis Student Commons and features cardio machines, weight lifting equipment, and Group Fitness classes.

## THE NIMNIGHT FITNESS CENTER IS OPEN 7 DAYS A WEEK

MONDAY THROUGH FRIDAY  
**6:30AM – 10PM**

SATURDAY AND SUNDAY  
**10AM – 8PM**

### BY ENTERING THE NIMNIGHT FITNESS CENTER YOU AGREE TO ABIDE BY THE FOLLOWING POLICIES:

- JU ID card is required for entry into fitness center
- Wear proper exercise attire (shirts and closed-toe shoes required)
- No food or beverage (except water)
- No personal items should be placed on the gym floor while working out
- Wipe off all equipment before and after use (sanitizing wipes are located throughout the facility)
- Do not drop or slam weights on platforms, floor or machines
- Return equipment and rack weights when finished
- Personal music devices are permitted with use of headphones
- Profanity, offensive or suggestive language, grunting or loud noises will not be tolerated
- Dispose of your trash and clean up after yourself
- Facility staff is not responsible for lost or stolen items
- Restrooms and locker rooms are available .
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PLEASE OBSERVE AND RESPECT ALL POLICIES

***Fitness Center staff have the right to remove any individual who violates a policy or exhibits unacceptable behavior or unsportsmanlike conduct.***



FOR QUESTIONS OR ACCOMMODATIONS, PLEASE  
CONTACT **BAMBI BRUNDAGE** at [BCARSON@JU.EDU](mailto:BCARSON@JU.EDU)

